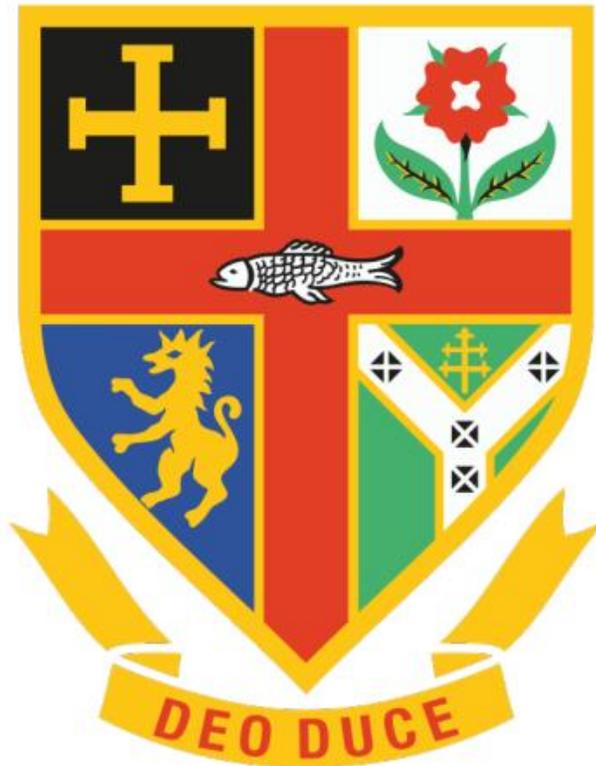


BLESSED FRANCIS JORDAN CHAPEL



EASTER TERM 2022 PRAYER BOOK

CHAPLAIN: FR MARIO LAINEZ SDS

The Order of Mass

1. Greeting

Priest: The Lord be with you.

People: And with your spirit.

2. Penitential Act

Form A (The Confiteor)

People: I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned in my thoughts and in my words, in what I have done, and in what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God

or Form B

Priest: You were sent to heal the contrite of heart:

Lord, have mercy.

People: Lord, have mercy.

Priest: You came to call sinners: Christ, have mercy.

People: Christ, have mercy.

Priest: You are seated at the right hand of the Father to intercede for us: Lord, have mercy.

People: Lord, have mercy.

3. Gloria

Priest: Glory to God in the highest,

People: and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ,

Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

4. After the first and second readings:

Reader: The Word of the Lord

People: Thanks be to God

5. Greeting the Gospel

Reader: Alleluia OR Praise to you Lord Jesus Christ

... followed by the Gospel Sentence

People: Alleluia OR Praise to you Lord Jesus Christ

6. Before the Gospel reading

Priest: The Lord be with you.

People: And with your spirit.

Priest: A reading from the holy Gospel according to

Matthew / Mark / Luke / John

People: Glory to you, O Lord.

7. After the Gospel reading

Priest: The Gospel of the Lord.

People: Praise to you, Lord Jesus Christ.

8. Creed - The Nicene Creed

People: I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the

Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

or - The Apostles' Creed

People: I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living

and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

9. Invitation to Prayer

Priest: Blessed are you, Lord God of all creation, for through your goodness we have received the bread we offer you: fruit of the earth and work of human hands, it will become for us the bread of life.

People: Blessed be God for ever

Priest: Blessed are you, Lord God of all creation, for through your goodness we have received the wine we offer you: fruit of the vine and work of human hands, it will become our spiritual drink.

People: Blessed be God for ever

Priest: Pray, brothers and sisters, that my sacrifice and yours may be acceptable to God, the almighty Father.

People: May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.

10. Preface Dialogue

Priest: The Lord be with you.

People: And with your spirit.

Priest: Lift up your hearts.

People: We lift them up to the Lord.

Priest: Let us give thanks to the Lord our God.

People: It is right and just.

11. Holy, Holy, Holy

People: Holy, Holy, Holy Lord God of hosts. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

12. Memorial Acclamation

Priest: The mystery of faith.

People:

**We proclaim your Death, O Lord,
and profess your Resurrection
until you come again.**

or

**When we eat this Bread and drink this
Cup, we proclaim your Death, O Lord,
until you come again.**

or

**Save us, Saviour of the world, for by
your Cross and Resurrection you have
set us free.**

13. Doxology / Amen

Priest: Through him, and with him, and in him, O God, almighty Father, in the unity of the Holy Spirit, all glory and honour is yours, for ever and ever.

People: Amen

14. Our Father

Priest: At the Saviour's command and formed by divine teaching, we dare to say:

People: Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against

us; and lead us not into temptation, but deliver us from evil.

Priest: Deliver us, Lord, we pray, from every evil, graciously grant peace in our days, that, by the help of your mercy, we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our Saviour, Jesus Christ.

People: For the kingdom, the power and the glory are yours now and for ever.

15. Sign of Peace

Priest: The peace of the Lord be with you always.

People: And with your spirit.

To each other: Peace be with you

16. Lamb of God

People: Lamb of God, you take away the sins of the world, have mercy on us. Lamb of God, you take away the sins of the world, have mercy on us. Lamb of God, you take away the sins of the world, grant us peace.

17. Invitation to Communion

Priest: Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

People: Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

18. Concluding Rites

Priest: The Lord be with you.

People: And with your spirit.

The Angelus

V The Angel of the Lord declared unto Mary,

R And she conceived by the Holy Spirit.

Hail Mary, full of grace, the Lord is with thee. Blessed art thou amongst women and blessed is the Fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

V Behold the handmaid of the Lord.

R Be it done unto me according to thy word.

Hail Mary...

V And the Word was made flesh.
(bow or genuflect)

R And dwelt among us.
Hail Mary...

V Pray for us, O Holy Mother of God.

R That we may be made worthy of the promises of Christ.

Pour forth, we beseech Thee, O Lord, Thy grace into our hearts; that, we, to whom the Incarnation of Christ, Thy Son, was made known by the message of an angel, may by His passion and cross, be brought to the glory of His resurrection. Through the same Christ our Lord. Amen.

The Regina Caeli

V Rejoice and be glad, O Virgin Mary, alleluia!

R For the Lord has truly risen, alleluia!

O God, who have been pleased to gladden the world by the Resurrection of your Son our Lord Jesus Christ, grant, we pray, that through his Mother, the Virgin Mary, we may receive the joys of everlasting life. Through Christ our Lord. Amen.

The School Prayer

This is our School -

let peace dwell here.

Let each room be full of contentment -

let love abide here;

love of one another,

love of life itself,

and love of God -

We remember, with gratitude,

all that has been achieved in the

past years by governors, staff,

pupils, parents and friends.

Remember this:

many hands build a house, but

many hearts make our school.

Deo Duce

Amen.

children, that he has fulfilled it, by raising Jesus from the dead. As scripture says in the second psalm: You are my son: today I have become your father.

Canticle

Benedictus

Antiphon: *Jesus said, 'Mary!' She knew him then and said to him, 'Master'. He said to her, 'Do not hold on to me; I have not yet ascended to my Father.'* Alleluia.

Blessed be the Lord, the God of Israel... *(continued on Page 67...)*

... world without end. Amen.

Jesus said, 'Mary!' She knew him then and said to him, 'Master'. He said to her, 'Do not hold on to me; I have not yet ascended to my Father.' Alleluia.

Prayers and intercessions

By his own power Christ rebuilt the temple of his body, when it was torn down by death. Let us pray to him with joy.

- Lord, grant us the blessings of your resurrection.

Lord Jesus, in your risen body you brought the good news of salvation to the women and the apostles;

let us be your witnesses in this present age.

- Lord, grant us the blessings of your resurrection.

You gave all men the promise of rising from the dead;

make us heralds of your gospel, bringing men new hope.

- Lord, grant us the blessings of your resurrection.

You appeared to the apostles and breathed the Holy Spirit upon them;

pour out on us the Spirit who creates and renews.

- Lord, grant us the blessings of your resurrection.

You promised to be with your disciples to the end of time;

stay with us throughout this day and remain with us for ever.

- Lord, grant us the blessings of your resurrection.

Personal intentions

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come.

Thy will be done on earth, as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil.

Lord God, you brought us healing through the Easter mysteries. Continue to be bountiful to your people: lead us to the perfect freedom, by which the joy that gladdens our way on earth will be fulfilled in heaven. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. **Amen.**

The Lord bless us, and keep us from all evil, and bring us to everlasting life. Amen.

Word of God

Romans 6:8-11

We believe that having died with Christ we shall return to life with him: Christ, as we know, having been raised from the dead will never die again. Death has no power over him any more. When he died, he died, once for all, to sin, so his life now is life with God; and in that way, you too must consider yourselves to be dead to sin but alive for God in Christ Jesus.

Canticle

Benedictus

Antiphon: *He began with Moses and the prophets, and explained to them everything that was written in the Scriptures about himself, alleluia.*

Blessed be the Lord, the God of Israel... *(continued on Page 67...)*

... world without end. Amen.

He began with Moses and the prophets, and explained to them everything that was written in the Scriptures about himself, alleluia.

Prayers and intercessions

Let us pray to Christ, who was put to death for our sins and rose to life for our justification.

- Lord, save us by your victory.

Christ our Saviour, you have overcome death to give us joy and have risen to lift us to the heights;

awaken our hearts and make us holy this day by the gift of the Spirit.

- Lord, save us by your victory.

Angels in heaven praise you, men on earth adore you;
in this Easter season let us worship you in spirit and in truth.

- Lord, save us by your victory.

Lord Jesus, look with kindness on your people who hope for the resurrection;
have mercy on us today and keep us from all evil.

- Lord, save us by your victory.

Christ, our life, we look forward to the day of your coming;
let us appear with you and share in your glory.

- Lord, save us by your victory.

Personal intentions

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come. Thy will be done on earth, as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil.

God our Father, you give us the joy of celebrating the Lord's resurrection each passing year. Let this yearly feast bring us to eternal joy. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. **Amen.**

The Lord bless us, and keep us from all evil, and bring us to everlasting life. Amen.

Thursday 21 April 2022

Easter Thursday
Readings at Mass

First Reading

Acts 3:11-26

Everyone came running towards Peter and John in great excitement, to the Portico of Solomon, as it is called, where the man was still clinging to Peter and John. When Peter saw the people he addressed them, 'Why are you so surprised at this? Why are you staring at us as though we had made this man walk by our own power or holiness? You are Israelites, and it is *the God of Abraham, Isaac and Jacob, the God of our ancestors, who has glorified his servant Jesus, the same Jesus you handed over and then disowned in the presence of Pilate after Pilate had decided to release him. It was you who accused the Holy One, the Just One, you who demanded the reprieve of a murderer while you killed the prince of life. God, however, raised him from the dead, and to that fact we are the witnesses; and it is the name of Jesus which, through our faith in it, has brought back the strength of this man whom you see here and who is well known to you. It is faith in that name that has restored this man to health, as you can all see.*

'Now I know, brothers, that neither you nor your leaders had any idea what you were really doing; this was the way God carried out what he had foretold, when he said through all his prophets that his Christ would suffer. Now you must repent and turn to God, so that your sins may be wiped out, and so that the Lord may send the time of comfort. Then he will send you the Christ he has predestined, that is Jesus, whom heaven must keep till the universal restoration comes which God proclaimed, speaking through his holy prophets. Moses, for example, said: *The Lord God will raise up a prophet like myself for you, from among your own brothers; you must listen to whatever he tells you.* The man who does not listen to that prophet is to be cut off from the people. In fact, all the prophets that have ever spoken, from Samuel onwards, have predicted these days.

'You are the heirs of the prophets, the heirs of the covenant God made with our ancestors when he told Abraham: in your offspring all the families of the earth will be blessed. It was for you in the first place that God raised up his servant and sent him to bless you by turning every one of you from your wicked ways.'

Responsorial Psalm

How great is your name, O Lord our God, through all the earth!

How great is your name, O Lord our God, through all the earth!

How great is your name, O Lord our God,
through all the earth!

What is man that you should keep him in mind,
mortal man that you care for him?

How great is your name, O Lord our God, through all the earth!

Yet you have made him little less than a god;
with glory and honour you crowned him,
gave him power over the works of your hand,
put all things under his feet.

How great is your name, O Lord our God, through all the earth!

All of them, sheep and cattle,
yes, even the savage beasts,
birds of the air, and fish
that make their way through the waters.

How great is your name, O Lord our God, through all the earth!

Gospel Acclamation

Alleluia, alleluia!

This day was made by the Lord:
we rejoice and are glad.

Alleluia!

Gospel

Luke 24:35-48

The disciples told their story of what had happened on the road and how they had recognised Jesus at the breaking of bread.

They were still talking about all this when Jesus himself stood among them and said to them, 'Peace be with you!' In a state of alarm and fright, they thought they were seeing a ghost. But he said, 'Why are you so agitated, and why are these doubts rising in your hearts? Look at my hands and feet; yes, it is I indeed. Touch me and see for yourselves; a ghost has no flesh and bones as you can see I have.' And as he said this he showed them his hands and feet. Their joy was so great that they still could not believe it, and they stood there dumbfounded; so he said to them, 'Have you anything here to eat?' And they offered him a piece of grilled fish, which he took and ate before their eyes.

Then he told them, 'This is what I meant when I said, while I was still with you, that everything written about me in the Law of Moses, in the Prophets and in the Psalms has to be fulfilled.' He then opened their minds to understand the scriptures, and he said to them, 'So you see how it is written that the Christ would suffer and on the third day rise from the dead, and that, in his name, repentance for the forgiveness of sins would be preached to all the nations, beginning from Jerusalem. You are witnesses to this.'

Friday 22 April 2022
Easter Friday
Morning Prayer (Lauds)

Introduction

O God, come to our aid. **O Lord, make haste to help us.**
Glory be to the Father and to the Son and to the Holy Spirit,
 as it was in the beginning, is now, and ever shall be,
 world without end. Amen. Alleluia.

Psalm 62 (63) – Thirsting for God

Antiphon: Christ has risen: he is the light of his people, whom he has redeemed with his blood. Alleluia.

O God, you are my God, for you I long;
for you my soul is thirsting.

**My body pines for you
like a dry, weary land without water.**

So I gaze on you in the sanctuary
to see your strength and your glory.

**For your love is better than life,
my lips will speak your praise.**

So I will bless you all my life,
in your name I will lift up my hands.

**My soul shall be filled as with a banquet,
my mouth shall praise you with joy.**

On my bed I remember you.
On you I muse through the night
**for you have been my help;
in the shadow of your wings I rejoice.**

My soul clings to you;
your right hand holds me fast.

Glory be to the Father and to the Son
and to the Holy Spirit,
**as it was in the beginning,
is now, and ever shall be,
world without end.**

Amen.

Christ has risen: he is the light of his people, whom he has redeemed with his blood. Alleluia.

Word of God

Acts 5:30-32

It was the God of our ancestors who raised up Jesus, but it was you who had him executed by hanging on a tree. By his own right hand God has now raised him up to be leader and saviour, to give repentance and forgiveness of sins through him to Israel. We are witnesses to all this, we and the Holy Spirit whom God has given to those who obey him.

Canticle

Benedictus

Antiphon: *This was the third time that Jesus showed himself to the disciples after rising from the dead, alleluia.*

Blessed be the Lord, the God of Israel... *(continued on Page 67...)*

... world without end. Amen.

This was the third time that Jesus showed himself to the disciples after rising from the dead, alleluia.

Prayers and intercessions

Let us pray to God the Father, who has given us new life through the resurrection of Christ.

- Make us radiant with Christ's glory.

Almighty God, creator of the world, you revealed the old covenant by your mighty deeds and were faithful to men down through the ages;
loving Father, hear the prayer of your children.

- Make us radiant with Christ's glory.

Cleanse our hearts by your truth and guide our lives by your holiness;
may we do what is right and pleasing to you.

- Make us radiant with Christ's glory.

Let the light of your face shine upon us;
free us from sin and fill us with your goodness.

- Make us radiant with Christ's glory.

Peace was your Son's parting gift to the apostles;
grant your peace to us and to people everywhere.

- Make us radiant with Christ's glory.

Personal intentions

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come. Thy will be done on earth, as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil.

Almighty, ever-living God, you offer the covenant of reconciliation to mankind in the mystery of Easter. Grant that what we celebrate in worship we may carry out in

our lives. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. **Amen.**

The Lord bless us, and keep us from all evil, and bring us to everlasting life. Amen.

Monday 25 April 2022
Saint Mark, Evangelist - Feast
Morning Prayer (Lauds)

Introduction

O God, come to our aid. **O Lord, make haste to help us.**
Glory be to the Father and to the Son and to the Holy Spirit,
as it was in the beginning, is now, and ever shall be,
world without end. **Amen. Alleluia.**

Psalm 149 - The saints rejoice

Antiphon: Many will praise their wisdom, and it will never be forgotten. Alleluia.

Sing a new song to the Lord,
his praise in the assembly of the faithful.

**Let Israel rejoice in its Maker,
let Zion's sons exult in their king.**

Let them praise his name with dancing
and make music with timbrel and harp.

For the Lord takes delight in his people.
He crowns the poor with salvation.

**Let the faithful rejoice in their glory,
shout for joy and take their rest.**

Let the praise of God be on their lips
and a two-edged sword in their hand,

**to deal out vengeance to the nations
and punishment on all the peoples;**

to bind their kings in chains
and their nobles in fetters of iron;
**to carry out the sentence pre-ordained:
this honour is for all his faithful.**

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end. **Amen.**

Many will praise their wisdom, and it will never be forgotten. Alleluia.

Word of God

1 Corinthians 15:1-2,3-4

Brothers, I want to remind you of the gospel I preached to you, the gospel that you received and in which you are firmly established, the gospel that brings you salvation. In the first place, I taught you what I had been taught myself, namely that Christ died for our sins, in accordance with the scriptures; that he was buried; and that he was raised to life on the third day, in accordance with the scriptures.

Canticle

Benedictus

Antiphon: *Let us give thanks to Jesus Christ, who has sent teachers and evangelists to be ministers of faith to all peoples who believe in him, alleluia.*

Blessed be the Lord, the God of Israel... *(continued on Page 67...)*

... world without end. Amen.

This was the third time that Jesus showed himself to the disciples after rising from the dead, alleluia.

Prayers and intercessions

Our Saviour destroyed death and through the gospel revealed eternal life to us. With joyful praises let us make him known, and let us say:

- Strengthen your Church in faith and love.

Lord Jesus, in times past you have lighted the way for your people through wise and holy leaders;

may Christians always enjoy this sign of your loving kindness.

- Strengthen your Church in faith and love.

You forgave the sins of your people when holy pastors prayed;

continually cleanse your Church through their powerful intercession.

- Strengthen your Church in faith and love.

In the presence of their brothers, you anointed your holy ones and poured on them your Spirit;

fill with your Holy Spirit all the leaders of your people.

- Strengthen your Church in faith and love.

Nothing could ever separate the holy pastors from your love;

do not lose even one of those whom you redeemed by your passion.

- Strengthen your Church in faith and love.

Personal intentions

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come.

Thy will be done on earth, as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil.

Almighty, ever-living God, you offer the covenant of reconciliation to mankind in the mystery of Easter. Grant that what we celebrate in worship we may carry out in our lives. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. **Amen.**

The Lord bless us, and keep us from all evil, and bring us to everlasting life. Amen.

Tuesday 26 April 2022

**Saint George, Martyr & Patron of England - Solemnity
Morning Prayer (Lauds)**

Introduction

O God, come to our aid. **O Lord, make haste to help us.**

Glory be to the Father and to the Son and to the Holy Spirit,
as it was in the beginning, is now, and ever shall be,
world without end. **Amen. Alleluia.**

Psalm 149 - The saints rejoice

Antiphon: *Your love is better than life itself: my lips will recite your praise. Alleluia.*

O God, you are my God, for you I long;
for you my soul is thirsting.

**My body pines for you
like a dry, weary land without water.**

So I gaze on you in the sanctuary
to see your strength and your glory.

**For your love is better than life,
my lips will speak your praise.**

So I will bless you all my life,
in your name I will lift up my hands.

**My soul shall be filled as with a banquet,
my mouth shall praise you with joy.**

On my bed I remember you.
On you I muse through the night
**for you have been my help;
in the shadow of your wings I rejoice.**

My soul clings to you;
your right hand holds me fast.

Glory be to the Father and to the Son
and to the Holy Spirit,

as it was in the beginning,
is now, and ever shall be,
world without end. Amen.

Your love is better than life itself: my lips will recite your praise. Alleluia.

Word of God

1 John 5:3-5

This is what loving God is – keeping his commandments; and his commandments are not difficult, because anyone who has been begotten by God has already overcome the world. This is the victory over the world – our faith. Who can overcome the world? Only the one who believes that Jesus is the Son of God.

Canticle

Benedictus

Antiphon: *Rejoice, all you saints, and be glad, for your reward is great in heaven, alleluia.*

Blessed be the Lord, the God of Israel... *(continued on Page 67...)*

... **world without end. Amen.**

Rejoice, all you saints, and be glad, for your reward is great in heaven, alleluia.

Prayers and intercessions

Through the martyrs who were slain for God's word, let us give glory to our Saviour, the faithful and true witness.

- You redeemed us by your precious blood.

Through the martyrs, who bore witness to your love,
set us free to live for you.

- You redeemed us by your precious blood.

Through the martyrs, who proclaimed your saving death,
give us a deep and constant faith.

- You redeemed us by your precious blood.

Through the martyrs, who took up your cross,
grant us courage for every trial.

- You redeemed us by your precious blood.

Through the martyrs, washed in the blood of the Lamb,
give us grace to conquer our weakness.

- You redeemed us by your precious blood.

Personal intentions

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come.

Thy will be done on earth, as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil.

Proclaiming your glory, Lord, we humbly ask that as Saint George imitated Christ in his passion, so he may be a ready helper in our weakness. Through our Lord Jesus

Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. **Amen.**

The Lord bless us, and keep us from all evil, and bring us to everlasting life. Amen.

Wednesday 27 April 2022

Morning Prayer (Lauds)

Introduction

O God, come to our aid. **O Lord, make haste to help us.**
Glory be to the Father and to the Son and to the Holy Spirit,
 as it was in the beginning, is now, and ever shall be,
 world without end. Amen. Alleluia.

Psalm 76 (77) – Remembering the works of the lord

Antiphon: *The waters saw you, O God: you led your people through the sea. Alleluia.*

I cry aloud to God,
cry aloud to God that he may hear me.

In the day of my distress I sought the Lord.
My hands were raised at night without ceasing;
my soul refused to be consoled.

I remembered my God and I groaned.
I pondered and my spirit fainted.

You withheld sleep from my eyes.
I was troubled, I could not speak.

I thought of the days of long ago
and remembered the years long past.

At night I mused within my heart.
I pondered and my spirit questioned.

'Will the Lord reject us for ever?
Will he show us his favour no more?

Has his love vanished for ever?
Has his promise come to an end?

Does God forget his mercy
or in anger withhold his compassion?'

I said: 'This is what causes my grief;
that the way of the Most High has changed.'

I remember the deeds of the Lord,
I remember your wonders of old,

**I muse on all your works
and ponder your mighty deeds.**

Your ways, O God, are holy.

What god is great as our God?

You are the God who works wonders.

You showed your power among the peoples.

Your strong arm redeemed your people,
the sons of Jacob and Joseph.

**The waters saw you, O God,
the waters saw you and trembled;**

the depths were moved with terror.

The clouds poured down rain,

**the skies sent forth their voice;
your arrows flashed to and fro.**

Your thunder rolled round the sky,
your flashes lighted up the world.

**The earth was moved and trembled
when your way led through the sea,**

your path through the mighty waters
and no one saw your footprints.

**You guided your people like a flock
by the hand of Moses and Aaron.**

Glory be to the Father and to the Son
and to the Holy Spirit,

**as it was in the beginning,
is now, and ever shall be,
world without end.**

Amen. *The waters saw you, O God: you led your people through the sea. Alleluia.*

Word of God

1 John 5:3-5

This is what loving God is – keeping his commandments; and his commandments are not difficult, because anyone who has been begotten by God has already overcome the world. This is the victory over the world – our faith. Who can overcome the world? Only the one who believes that Jesus is the Son of God.

Canticle

Benedictus

Antiphon: *God loved the world so much that he gave his only Son, so that everyone who believes in him may not be lost but may have eternal life, alleluia.*

Blessed be the Lord, the God of Israel... (continued on Page 67...)

... world without end. Amen.

God loved the world so much that he gave his only Son, so that everyone who believes in him may not be lost but may have eternal life, alleluia.

Prayers and intercessions

Let us pray to God, who manifested to the apostles the glory of the risen Christ.

- Glorify us, Lord, with the glory of Christ.

Father, we praise you today with grateful hearts, because you have called us into your own marvellous light;

help us always to see your loving-kindness.

- Glorify us, Lord, with the glory of Christ.

Through your Holy Spirit strengthen and purify men;

give them new heart in their struggle to improve the quality of life.

- Glorify us, Lord, with the glory of Christ.

May we pour out our lives in the service of men:

bless our efforts, that the whole of humanity may become a sacrifice acceptable to you.

- Glorify us, Lord, with the glory of Christ.

At the start of the day fill our hearts with your love;

let the praise of your glory be the joy of our lives.

- Glorify us, Lord, with the glory of Christ.

Personal intentions

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come.

Thy will be done on earth, as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil.

Year by year, Lord, we recall the mystery of Easter, the mystery which restored mankind to its lost dignity and brought the hope of resurrection. Grant that we may possess eternally in love what we now worship in faith. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. **Amen.**

The Lord bless us, and keep us from all evil, and bring us to everlasting life. Amen.

Thursday 28 April 2022

Readings at Mass

First Reading

Acts 5:27-33

When the officials had brought the apostles in to face the Sanhedrin, the high priest demanded an explanation. 'We gave you a formal warning' he said 'not to preach in this name, and what have you done? You have filled Jerusalem with your teaching, and seem determined to fix the guilt of this man's death on us.' In reply Peter and

the apostles said, 'Obedience to God comes before obedience to men; it was the God of our ancestors who raised up Jesus, but it was you who had him executed by hanging on a tree. By his own right hand God has now raised him up to be leader and saviour, to give repentance and forgiveness of sins through him to Israel. We are witnesses to all this, we and the Holy Spirit whom God has given to those who obey him.'

This so infuriated them that they wanted to put them to death.

Responsorial Psalm

Response: *This poor man called and the Lord heard him.*

This poor man called and the Lord heard him.

I will bless the Lord at all times,
his praise always on my lips;
Taste and see that the Lord is good.
He is happy who seeks refuge in him.

This poor man called and the Lord heard him.

The Lord turns his eyes to the just
and his ears to their appeal.
They call and the Lord hears
and rescues them in all their distress.

This poor man called and the Lord heard him.

The Lord is close to the broken-hearted;
those whose spirit is crushed he will save.

Many are the trials of the just man
but from them all the Lord will rescue him.

This poor man called and the Lord heard him.

Gospel Acclamation

Alleluia, alleluia!

Christ has risen, he who created all things,
and has granted his mercy to men. **Alleluia!**

Gospel

John 3:31-36

John the Baptist said to his disciples: 'He who comes from above is above all others; he who is born of the earth is earthly himself and speaks in an earthly way. He who comes from heaven bears witness to the things he has seen and heard, even if his testimony is not accepted; though all who do accept his testimony are attesting the truthfulness of God, since he whom God has sent

speaks God's own words: God gives him the Spirit without reserve. The Father loves the Son and has entrusted everything to him. Anyone who believes in the Son has eternal life, but anyone who refuses to believe in the Son will never see life: the anger of God stays on him.'

Friday 29 April 2022

St Catherine of Siena, Virgin, Doctor - Feast
Morning Prayer (Lauds)

Introduction

O God, come to our aid. **O Lord, make haste to help us.**
Glory be to the Father and to the Son and to the Holy Spirit,
 as it was in the beginning, is now, and ever shall be,
 world without end. Amen. Alleluia.

Psalm 62 (63) – Thirsting for God

Antiphon: I will bear witness to Christ; it is Christ that I seek; with Christ I desire to be united, alleluia.

O God, you are my God, for you I long;
for you my soul is thirsting.

My body pines for you
like a dry, weary land without water.

So I gaze on you in the sanctuary
to see your strength and your glory.

For your love is better than life,
my lips will speak your praise.

So I will bless you all my life,
in your name I will lift up my hands.

My soul shall be filled as with a banquet,
my mouth shall praise you with joy.

On my bed I remember you.
On you I muse through the night
for you have been my help;
in the shadow of your wings I rejoice.

My soul clings to you;
your right hand holds me fast.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,

world without end.

Amen.

I will bear witness to Christ; it is Christ that I seek; with Christ I desire to be united, alleluia.

Word of God

Song of Songs 8:7

Love is something that no flood can quench, no torrents drown. Were a man to offer all the wealth of his house to buy love, contempt is all he would purchase.

Canticle

Benedictus

Antiphon: *The holy virgin, Saint Catherine, never ceased praying to God to let peace return to his holy Church, alleluia.*

Blessed be the Lord, the God of Israel... (continued on Page 67...)

... world without end. Amen.

The holy virgin, Saint Catherine, never ceased praying to God to let peace return to his holy Church, alleluia.

Prayers and intercessions

With great joy let us praise Christ, the bridegroom of all virgins.

- Jesus, crown of virgins, hear us.

Lord Jesus, the holy virgins loved you as their only spouse;
may we never be separated from you.

- Jesus, crown of virgins, hear us.

You crowned your mother Mary as queen of all virgins;
by her prayers grant that we may serve you in purity of life.

- Jesus, crown of virgins, hear us.

The holy virgins followed you with undivided hearts;
do not allow us to be fascinated by this passing world and drawn away from you.

- Jesus, crown of virgins, hear us.

Lord Jesus, you are the bridegroom that the wise virgins were ready to meet;
let us watch for your coming with longing and hope.

- Jesus, crown of virgins, hear us.

May Saint Catherine, who reigns in your kingdom, intercede for us;
through her prayers grant us wisdom and innocence of life.

- Jesus, crown of virgins, hear us.

Personal intentions

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come.

Thy will be done on earth, as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil.

Almighty God, you made Saint Catherine of Siena a contemplative lover of the Lord's sufferings and an ardent servant of your church. Grant through her prayer that your people may be united to Christ in his mystery, and rejoice for ever in the revelation of his glory. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. **Amen.**

The Lord bless us, and keep us from all evil, and bring us to everlasting life. Amen.

Tuesday 3 May 2022

**Saint Philip and James, Apostles - Feast
Morning Prayer (Lauds)**

Introduction

O God, come to our aid. **O Lord, make haste to help us.**
Glory be to the Father and to the Son and to the Holy Spirit,
 as it was in the beginning, is now, and ever shall be,
 world without end. Amen. Alleluia.

Psalm 62 (63) - Thirsting for God

Antiphon: Lord, let us see the father and then we shall be satisfied. Alleluia.

O God, you are my God, for you I long;
for you my soul is thirsting.

**My body pines for you
like a dry, weary land without water.**

So I gaze on you in the sanctuary
to see your strength and your glory.

**For your love is better than life,
my lips will speak your praise.**

So I will bless you all my life,
in your name I will lift up my hands.

**My soul shall be filled as with a banquet,
my mouth shall praise you with joy.**

On my bed I remember you.

On you I muse through the night
**for you have been my help;
in the shadow of your wings I rejoice.**

My soul clings to you;
your right hand holds me fast.

Glory be to the Father and to the Son
and to the Holy Spirit,
**as it was in the beginning,
is now, and ever shall be,
world without end.**

Amen. *Lord, let us see the father and then we shall be satisfied. Alleluia.*

Word of God

Ephesians 2:19-22

You are no longer aliens or foreign visitors: you are citizens like all the saints, and part of God's household. You are part of a building that has the apostles and prophets for its foundations, and Christ Jesus himself for its main cornerstone. As every structure is aligned on him, all grow into one holy temple in the Lord; and you too, in him, are being built into a house where God lives, in the Spirit.

Canticle

Benedictus

Antiphon: Philip found Nathanael and said to him, 'We have found the one about whom Moses wrote in the Law and whom the prophets foretold: he is Jesus, son of Joseph, from Nazareth.' Alleluia

Blessed be the Lord, the God of Israel... *(continued on Page 67...)*
... world without end. Amen.

Philip found Nathanael and said to him, 'We have found the one about whom Moses wrote in the Law and whom the prophets foretold: he is Jesus, son of Joseph, from Nazareth.' Alleluia

Prayers and intercessions

Since we have received from the apostles our heavenly inheritance, let us thank our Father for all his blessings.

- Lord, the apostles sing your praises.

Praise to you Lord God, for the gift of Christ's body and blood, handed on by the apostles, to give us strength and life;

- Lord, the apostles sing your praises.

For the table of your word, served by the apostles, to bring us light and joy;

- Lord, the apostles sing your praises.

For your holy Church, built on the apostles, to make us all one body;

- Lord, the apostles sing your praises.

For the washing of baptism and penance, entrusted to the apostles, to cleanse our hearts from sin;

- Lord, the apostles sing your praises.

Personal intentions

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come.

Thy will be done on earth, as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil.

Lord God, you give us the joy every year of celebrating the feast day of the apostles Philip and James. Make us partners, by their prayers, in the passion and resurrection of your only-begotten Son, so that we may come to the eternal vision of your glory. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.

Amen.

The Lord bless us, and keep us from all evil, and bring us to everlasting life.

Amen.

Wednesday 4 May 2022

**The English Martyrs - Feast
Morning Prayer (Lauds)**

Introduction

O God, come to our aid. **O Lord, make haste to help us.**

Glory be to the Father and to the Son and to the Holy Spirit,

**as it was in the beginning, is now, and ever shall be,
world without end. Amen. Alleluia.**

Psalm 62 (63) - Thirsting for God

Antiphon: While the martyrs of Christ were in torment they fixed their minds on heavenly things, and said: 'Lord, come to our help.' Alleluia.

O God, you are my God, for you I long;
for you my soul is thirsting.

**My body pines for you
like a dry, weary land without water.**

So I gaze on you in the sanctuary
to see your strength and your glory.

**For your love is better than life,
my lips will speak your praise.**

So I will bless you all my life,
in your name I will lift up my hands.

**My soul shall be filled as with a banquet,
my mouth shall praise you with joy.**

On my bed I remember you.

On you I muse through the night

**for you have been my help;
in the shadow of your wings I rejoice.**

My soul clings to you;
your right hand holds me fast.

Glory be to the Father and to the Son
and to the Holy Spirit,
**as it was in the beginning,
is now, and ever shall be,
world without end.**

Amen.

Lord, let us see the father and then we shall be satisfied. Alleluia.

Word of God

1 John 5:3-5

This is what loving God is – keeping his commandments; and his commandments are not difficult, because anyone who has been begotten by God has already overcome the world. This is the victory over the world – our faith. Who can overcome the world? Only the one who believes that Jesus is the Son of God.

Canticle

Benedictus

Antiphon: *Rejoice, all you saints, and be glad, for your reward is great in heaven, alleluia.*

Blessed be the Lord, the God of Israel... *(continued on Page 67...)*

... world without end. Amen.

Rejoice, all you saints, and be glad, for your reward is great in heaven, alleluia.

Prayers and intercessions

Through the martyrs who were slain for God's word, let us give glory to our Saviour, the faithful and true witness.

- You redeemed us by your precious blood.

Through the martyrs, who bore witness to your love,
set us free to live for you.

- You redeemed us by your precious blood.

Through the martyrs, who proclaimed your saving death,
give us a deep and constant faith.

- You redeemed us by your precious blood.

Through the martyrs, who took up your cross,
grant us courage for every trial.

- You redeemed us by your precious blood.

Through the martyrs, washed in the blood of the Lamb,
give us grace to conquer our weakness.

- You redeemed us by your precious blood.

Personal intentions

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come. Thy will be done on earth, as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil.

God our Father, you raised up martyr-saints among our countrymen from every walk of life. They vindicated the authority of your Church in teaching and worship. Through their prayers may our whole nation be gathered once again to celebrate the same sacraments under one Pastor. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.

Amen.

The Lord bless us, and keep us from all evil, and bring us to everlasting life. Amen.

Thursday 5 May 2022

Readings at Mass

First Reading

Acts 8:26-40

The angel of the Lord spoke to Philip saying, 'Be ready to set out at noon along the road that goes from Jerusalem down to Gaza, the desert road.' So he set off on his journey. Now it happened that an Ethiopian had been on pilgrimage to Jerusalem; he was a eunuch and an officer at the court of the kandake, or queen, of Ethiopia, and was in fact her chief treasurer. He was now on his way home; and as he sat in his chariot he was reading the prophet Isaiah. The Spirit said to Philip, 'Go up and meet that chariot.' When Philip ran up, he heard him reading Isaiah the prophet and asked, 'Do you understand what you are reading?' 'How can I' he replied 'unless I have someone to guide me?' So he invited Philip to get in and sit by his side. Now the passage of scripture he was reading was this:

Like a sheep that is led to the slaughter-house, like a lamb that is dumb in front of its shearers, like these he never opens his mouth. He has been humiliated and has no one to defend him. Who will ever talk about his descendants, since his life on earth has been cut short!

The eunuch turned to Philip and said, 'Tell me, is the prophet referring to himself or someone else?' Starting, therefore, with this text of scripture Philip proceeded to explain the Good News of Jesus to him.

Further along the road they came to some water, and the eunuch said, 'Look, there is some water here; is there anything to stop me being baptised?' He ordered the chariot to stop, then Philip and the eunuch both went down into the water and Philip baptised him. But after they had come up out of the water again Philip was taken away by the Spirit of the Lord, and the eunuch never saw him again but went

on his way rejoicing. Philip found that he had reached Azotus and continued his journey proclaiming the Good News in every town as far as Caesarea.

Responsorial Psalm

Antiphon: *Cry out with joy to God, all the earth.*
Cry out with joy to God, all the earth.

O peoples, bless our God,
let the voice of his praise resound,
of the God who gave life to our souls
and kept our feet from stumbling.

Cry out with joy to God, all the earth.

Come and hear, all who fear God.
I will tell what he did for my soul:
to him I cried aloud,
with high praise ready on my tongue.

Cry out with joy to God, all the earth.

Blessed be God
who did not reject my prayer
nor withhold his love from me.

Cry out with joy to God, all the earth.

Gospel Acclamation

Alleluia, alleluia!
The Lord, who hung for us upon the tree,
has risen from the tomb. **Alleluia!**

Gospel

John 6:44-51

Jesus said to the crowd: 'No one can come to me unless he is drawn by the Father who sent me, and I will raise him up at the last day. It is written in the prophets: They will all be taught by God, and to hear the teaching of the Father, and learn from it, is to come to me. Not that anybody has seen the Father, except the one who comes from God: he has seen the Father. I tell you most solemnly, everybody who believes has eternal life.

'I am the bread of life. Your fathers ate the manna in the desert and they are dead; but this is the bread that comes down from heaven, so that a man may eat it and not die. I am the living bread which has come down from heaven. Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world.'

Friday 6 May 2022
Morning Prayer (Lauds)

Introduction

O God, come to our aid. **O Lord, make haste to help us.**
Glory be to the Father and to the Son and to the Holy Spirit,
 as it was in the beginning, is now, and ever shall be,
 world without end. Amen. Alleluia.

Psalm 50 (51) – God, have mercy on me

Antiphon: *O Lord, wash me more and more from my guilt. Alleluia.*

Have mercy on me, God, in your kindness.

In your compassion blot out my offence.

**O wash me more and more from my guilt
and cleanse me from my sin.**

My offences truly I know them;
my sin is always before me.

**Against you, you alone, have I sinned;
what is evil in your sight I have done.**

That you may be justified when you give sentence
and be without reproach when you judge,

**O see, in guilt I was born,
a sinner was I conceived.**

Indeed you love truth in the heart;
then in the secret of my heart teach me wisdom.

**O purify me, then I shall be clean;
O wash me, I shall be whiter than snow.**

Make me hear rejoicing and gladness,
that the bones you have crushed may revive.

**From my sins turn away your face
and blot out all my guilt.**

A pure heart create for me, O God,
put a steadfast spirit within me.

**Do not cast me away from your presence,
nor deprive me of your holy spirit.**

Give me again the joy of your help;
with a spirit of fervour sustain me,
**that I may teach transgressors your ways
and sinners may return to you.**

O rescue me, God, my helper,
and my tongue shall ring out your goodness.

**O Lord, open my lips
and my mouth shall declare your praise.**

For in sacrifice you take no delight,
burnt offering from me you would refuse,

**my sacrifice, a contrite spirit.
A humbled, contrite heart you will not spurn.**

In your goodness, show favour to Sion:
rebuild the walls of Jerusalem.

**Then you will be pleased with lawful sacrifice,
holocausts offered on your altar.**

Glory be to the Father and to the Son
and to the Holy Spirit,
**as it was in the beginning,
is now, and ever shall be,
world without end. Amen.**

O Lord, wash me more and more from my guilt. Alleluia.

Word of God

Acts 5:30-32

It was the God of our ancestors who raised up Jesus, but it was you who had him executed by hanging on a tree. By his own right hand God has now raised him up to be leader and saviour, to give repentance and forgiveness of sins through him to Israel. We are witnesses to all this, we and the Holy Spirit whom God has given to those who obey him.

Canticle

Benedictus

Antiphon: *He who eats my flesh and drinks my blood lives in me and I in him. Alleluia.*

Blessed be the Lord, the God of Israel... *(continued on Page 67...)*

... world without end. Amen.

He who eats my flesh and drinks my blood lives in me and I in him. Alleluia.

Prayers and intercessions

Let us pray to God the Father, who has given us new life through the resurrection of Christ.

- Make us radiant with Christ's glory.

Almighty God, creator of the world, you revealed the old covenant by your mighty deeds and were faithful to men down through the ages;

loving Father, hear the prayer of your children.

- Make us radiant with Christ's glory.

Cleanse our hearts by your truth and guide our lives by your holiness;
may we do what is right and pleasing to you.

- Make us radiant with Christ's glory.

Let the light of your face shine upon us;
free us from sin and fill us with your goodness.

- Make us radiant with Christ's glory.

Peace was your Son's parting gift to the apostles;
grant your peace to us and to people everywhere.

- Make us radiant with Christ's glory.

Personal intentions

**Our Father, who art in heaven, hallowed be thy name. Thy kingdom come.
Thy will be done on earth, as it is in heaven. Give us this day our daily bread, and
forgive us our trespasses, as we forgive those who trespass against us, and lead us
not into temptation, but deliver us from evil.**

Almighty God, we have come to know the grace of our Lord's resurrection. Grant
that through the love of your Spirit we may rise to new life. Through our Lord Jesus
Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God,
for ever and ever. **Amen.**

The Lord bless us, and keep us from all evil, and bring us to everlasting life. Amen.

Monday 9 May 2022

Morning Prayer (Lauds)

Introduction

O God, come to our aid. **O Lord, make haste to help us.**

Glory be to the Father and to the Son and to the Holy Spirit,
as it was in the beginning, is now, and ever shall be,
world without end. **Amen. Alleluia.**

Psalm 89 (90) – Let the Lord's glory shine upon us

Antiphon: *Let the splendour of the Lord, our God, be upon us. Alleluia.*

Have mercy on me, God, in your kindness.

In your compassion blot out my offence.

**O wash me more and more from my guilt
and cleanse me from my sin.**

My offences truly I know them;

my sin is always before me.

**Against you, you alone, have I sinned;
what is evil in your sight I have done.**

That you may be justified when you give sentence
and be without reproach when you judge,
**O see, in guilt I was born,
a sinner was I conceived.**

Indeed you love truth in the heart;
then in the secret of my heart teach me wisdom.
**O purify me, then I shall be clean;
O wash me, I shall be whiter than snow.**

Make me hear rejoicing and gladness,
that the bones you have crushed may revive.
**From my sins turn away your face
and blot out all my guilt.**

A pure heart create for me, O God,
put a steadfast spirit within me.
**Do not cast me away from your presence,
nor deprive me of your holy spirit.**

Give me again the joy of your help;
with a spirit of fervour sustain me,
**that I may teach transgressors your ways
and sinners may return to you.**

O rescue me, God, my helper,
and my tongue shall ring out your goodness.
**O Lord, open my lips
and my mouth shall declare your praise.**

For in sacrifice you take no delight,
burnt offering from me you would refuse,
**my sacrifice, a contrite spirit.
A humbled, contrite heart you will not spurn.**

In your goodness, show favour to Sion:
rebuild the walls of Jerusalem.

**Then you will be pleased with lawful sacrifice,
holocausts offered on your altar.**

Glory be to the Father and to the Son
and to the Holy Spirit,
**as it was in the beginning,
is now, and ever shall be,
world without end. Amen.**

Let the splendour of the Lord, our God, be upon us. Alleluia.

Word of God

Romans 10:8-10

The word is very near to you, it is on your lips and in your heart: the word, that is, of the faith we proclaim. If your lips confess that Jesus is Lord and if you believe in your heart that God raised him from the dead, then you will be saved. By believing from the heart you are made righteous; by confessing with your lips you are saved.

Canticle

Benedictus

Antiphon: *'I am the good shepherd: I feed my sheep, and I lay down my life for them.'*
Alleluia.

Blessed be the Lord, the God of Israel... *(continued on Page 67...)*

... world without end. Amen.

'I am the good shepherd: I feed my sheep, and I lay down my life for them.' Alleluia.

Prayers and intercessions

Let us pray to the Father, whose glory was displayed in the death and resurrection of his Son.

- Lord, enlighten our minds and hearts.

God, Father of light, you have illumined the world with the glory of Christ;
may the light of faith shine in our lives today.

- Lord, enlighten our minds and hearts.

Through the resurrection of your Son you have opened man's way to everlasting life;
may all our work today be filled with the hope of your kingdom.

- Lord, enlighten our minds and hearts.

Through your risen Son you sent the Holy Spirit into the world;
set our hearts on fire with his divine love.

- Lord, enlighten our minds and hearts.

By hanging on the cross, your Son won our lasting freedom;
may he stay with us today as our Saviour and Redeemer.

- Lord, enlighten our minds and hearts.

Personal intentions

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come.

Thy will be done on earth, as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil.

Lord God, when our world lay in ruins, you raised it up again on the foundation of your Son's Passion and Death. Give us grace to rejoice in the freedom from sin which he gained for us, and bring us to everlasting joy. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. **Amen.**

The Lord bless us, and keep us from all evil, and bring us to everlasting life. Amen.

Tuesday 10 May 2022
Morning Prayer (Lauds)

Introduction

O God, come to our aid. **O Lord, make haste to help us.**
Glory be to the Father and to the Son and to the Holy Spirit,
 as it was in the beginning, is now, and ever shall be,
 world without end. Amen. Alleluia.

Psalm 100 (101) – The declaration of a just ruler

Antiphon: *The man who does the will of my Father will enter the kingdom of heaven.*
Alleluia.

My song is of mercy and justice;
I sing to you, O Lord.
I will walk in the way of perfection.
O when, Lord, will you come?

I will walk with blameless heart
within my house;
I will not set before my eyes
whatever is base.

I will hate the ways of the crooked;
they shall not be my friends.
The false-hearted must keep far away;
the wicked I disown.

The man who slanders his neighbour in secret
I will bring to silence.
The man of proud looks and haughty heart
I will never endure.

I look to the faithful in the land
that they may dwell with me.
He who walks in the way of perfection
shall be my friend.

No man who practises deceit
shall live within my house.
No man who utters lies shall stand
before my eyes.

Morning by morning I will silence
all the wicked in the land,
uprooting from the city of the Lord
all who do evil.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.
Amen.

The man who does the will of my Father will enter the kingdom of heaven. Alleluia.

Word of God

Acts 13:30-33

God raised Jesus from the dead, and for many days he appeared to those who had accompanied him from Galilee to Jerusalem: and it is these same companions of his who are now his witnesses before our people. We have come here to tell you the Good News. It was to our ancestors that God made the promise but it is to us, their children, that he has fulfilled it, by raising Jesus from the dead. As scripture says in the second psalm: *You are my son: today I have become your father.*

Canticle

Benedictus

Antiphon: *The works I do in my Father's name are my witness. Alleluia.*

Blessed be the Lord, the God of Israel... (continued on Page 67...)
... world without end. Amen.

The works I do in my Father's name are my witness. Alleluia.

Prayers and intercessions

Let us pray to God the Father, whose Son became the Lamb without blemish to take away the sins of the world.

- God of life, save us.

Father, be mindful of your Son, who died on the cross and was raised again to life; hear him interceding for us now.

- God of life, save us.

Let us cast out the leaven of corruption and malice;
let us celebrate Christ's passover in purity and truth.

- God of life, save us.

May we overcome today all envy and dissension;
help us to take care of our brothers in their every need.

- God of life, save us

Place deep in our hearts the spirit of the gospel;
may it inspire us to keep your commandments today and always.
- **God of life, save us.**

Personal intentions

**Our Father, who art in heaven, hallowed be thy name. Thy kingdom come.
Thy will be done on earth, as it is in heaven. Give us this day our daily bread, and
forgive us our trespasses, as we forgive those who trespass against us, and lead us
not into temptation, but deliver us from evil.**

Grant, we pray, almighty God, that we who celebrate the mystery of our Lord's
resurrection may enter upon the joy of our redemption. Through our Lord Jesus
Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God,
for ever and ever. **Amen.**

The Lord bless us, and keep us from all evil, and bring us to everlasting life. Amen.

Wednesday 11 May 2022

Morning Prayer (Lauds)

Introduction

O God, come to our aid. **O Lord, make haste to help us.**
Glory be to the Father and to the Son and to the Holy Spirit,
as it was in the beginning, is now, and ever shall be,
world without end. **Amen. Alleluia.**

Psalm 107 (108) – Praise of the Lord and a plea for help

Antiphon: *O God, arise above the heavens. Alleluia.*

My heart is ready, O God;
I will sing, sing your praise.

**Awake, my soul;
awake, lyre and harp,
I will awake the dawn.**

I will thank you, Lord, among the peoples,
among the nations I will praise you,

**for your love reaches to the heavens
and your truth to the skies.**

O God, arise above the heavens;
may your glory shine on earth!

**O come and deliver your friends;
help with your right hand and reply.**

From his holy place God has made this promise;
‘I will triumph and divide the land of Shechem,
I will measure out the valley of Succoth.

**Gilead is mine and Manasseh,
Ephraim I take for my helmet,
Judah for my commander’s staff.**

Moab I will use for my washbowl,
on Edom I will plant my shoe.

Over the Philistines I will shout in triumph.’

But who will lead me to conquer the fortress?
Who will bring me face to face with Edom?

**Will you utterly reject us, O God,
and no longer march with our armies?**

Give us help against the foe,
for the help of man is vain.

**With God we shall do bravely
and he will trample down our foes.**

Glory be to the Father and to the Son
and to the Holy Spirit,
**as it was in the beginning,
is now, and ever shall be,
world without end.**

Amen.

O God, arise above the heavens. Alleluia.

Word of God

Romans 6:8-11

We believe that having died with Christ we shall return to life with him: Christ, as we know, having been raised from the dead will never die again. Death has no power over him any more. When he died, he died, once for all, to sin, so his life now is life with God; and in that way, you too must consider yourselves to be dead to sin but alive for God in Christ Jesus.

Canticle

Benedictus

Antiphon: *I, the Light, have come into the world, so that whoever believes in me will stay in the darkness no more. Alleluia.*

Blessed be the Lord, the God of Israel... *(continued on Page 67...)*

... world without end. Amen.

I, the Light, have come into the world, so that whoever believes in me will stay in the darkness no more. Alleluia.

Prayers and intercessions

Let us pray to God, who manifested to the apostles the glory of the risen Christ.

- Glorify us, Lord, with the glory of Christ.

Father, we praise you today with grateful hearts, because you have called us into your own marvellous light;

help us always to see your loving-kindness.

- Glorify us, Lord, with the glory of Christ.

Through your Holy Spirit strengthen and purify men;

give them new heart in their struggle to improve the quality of life.

- Glorify us, Lord, with the glory of Christ.

May we pour out our lives in the service of men:

bless our efforts, that the whole of humanity may become a sacrifice acceptable to you.

- Glorify us, Lord, with the glory of Christ.

At the start of the day fill our hearts with your love;

let the praise of your glory be the joy of our lives.

- Glorify us, Lord, with the glory of Christ.

Personal intentions

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come.

Thy will be done on earth, as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil.

Lord God, life of those who believe in you, glory of the humble and happiness of the saints, listen kindly to our prayer. We long for what you promise; fill us from your abundance. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. **Amen.**

The Lord bless us, and keep us from all evil, and bring us to everlasting life. Amen.

Thursday 12 May 2022

Readings at Mass

First Reading

Acts 13:13-25

Paul and his friends went by sea from Paphos to Perga in Pamphylia where John left them to go back to Jerusalem. The others carried on from Perga till they reached Antioch in Pisidia. Here they went to synagogue on the sabbath and took their seats. After the lessons from the Law and the Prophets had been read, the presidents of the synagogue sent them a message: 'Brothers, if you would like to address some words of encouragement to the congregation, please do so.' Paul stood up, held up a hand for silence and began to speak:

'Men of Israel, and fearers of God, listen! The God of our nation Israel chose our ancestors, and made our people great when they were living as foreigners in Egypt;

then by divine power he led them out, and for about forty years took care of them in the wilderness. When he had destroyed seven nations in Canaan, he put them in possession of their land for about four hundred and fifty years. After this he gave them judges, down to the prophet Samuel. Then they demanded a king, and God gave them Saul son of Kish, a man of the tribe of Benjamin. After forty years, he deposed him and made David their king, of whom he approved in these words, "I have selected David son of Jesse, a man after my own heart, who will carry out my whole purpose." To keep his promise, God has raised up for Israel one of David's descendants, Jesus, as Saviour, whose coming was heralded by John when he proclaimed a baptism of repentance for the whole people of Israel. Before John ended his career he said, "I am not the one you imagine me to be; that one is coming after me and I am not fit to undo his sandal."

Responsorial Psalm

Response: *I will sing for ever of your love, O Lord.*

I will sing for ever of your love, O Lord.

I will sing for ever of your love, O Lord;
through all ages my mouth will proclaim your truth.
Of this I am sure, that your love lasts for ever,
that your truth is firmly established as the heavens.

I will sing for ever of your love, O Lord.

I have found David my servant
and with my holy oil anointed him.
My hand shall always be with him
and my arm shall make him strong.

I will sing for ever of your love, O Lord.

My truth and my love shall be with him;
by my name his might shall be exalted.
He will say to me: 'You are my father,
my God, the rock who saves me.'

I will sing for ever of your love, O Lord.

Gospel Acclamation

Alleluia, alleluia!

You, O Christ, are the faithful witness,
the First-born from the dead,
you have loved us and have washed away our sins with your blood.

Alleluia!

After he had washed the feet of his disciples, Jesus said to them:

'I tell you most solemnly, no servant is greater than his master, no messenger is greater than the man who sent him.

'Now that you know this, happiness will be yours if you behave accordingly. I am not speaking about all of you: I know the ones I have chosen; but what scripture says must be fulfilled: Someone who shares my table rebels against me.

'I tell you this now, before it happens, so that when it does happen you may believe that I am He. I tell you most solemnly, whoever welcomes the one I send welcomes me, and whoever welcomes me welcomes the one who sent me.'

Friday 13 May 2022

Our Lady of Fatima

Morning Prayer (Lauds)

Introduction

O God, come to our aid.

O Lord, make haste to help us.

Glory be to the Father and to the Son and to the Holy Spirit,

**as it was in the beginning, is now, and ever shall be,
world without end. Amen. Alleluia.**

Psalm 50 (51) – God, have mercy on me

Antiphon: *Christ gave himself up for us as a fragrant offering and a sacrifice to God.
Alleluia.*

Have mercy on me, God, in your kindness.

In your compassion blot out my offence.

**O wash me more and more from my guilt
and cleanse me from my sin.**

My offences truly I know them;

my sin is always before me.

**Against you, you alone, have I sinned;
what is evil in your sight I have done.**

That you may be justified when you give sentence
and be without reproach when you judge,

**O see, in guilt I was born,
a sinner was I conceived.**

Indeed you love truth in the heart;

then in the secret of my heart teach me wisdom.

**O purify me, then I shall be clean;
O wash me, I shall be whiter than snow.**

Make me hear rejoicing and gladness,
that the bones you have crushed may revive.

**From my sins turn away your face
and blot out all my guilt.**

A pure heart create for me, O God,
put a steadfast spirit within me.

**Do not cast me away from your presence,
nor deprive me of your holy spirit.**

Give me again the joy of your help;
with a spirit of fervour sustain me,
**that I may teach transgressors your ways
and sinners may return to you.**

O rescue me, God, my helper,
and my tongue shall ring out your goodness.

O Lord, open my lips
and my mouth shall declare your praise.

For in sacrifice you take no delight,
burnt offering from me you would refuse,
**my sacrifice, a contrite spirit.
A humbled, contrite heart you will not spurn.**

In your goodness, show favour to Sion:
rebuild the walls of Jerusalem.
**Then you will be pleased with lawful sacrifice,
holocausts offered on your altar.**

Glory be to the Father and to the Son
and to the Holy Spirit,
**as it was in the beginning,
is now, and ever shall be,
world without end.**

Amen.

Christ gave himself up for us as a fragrant offering and a sacrifice to God. Alleluia.

Word of God

Isaiah 61:10

I exult for joy in the Lord, my soul rejoices in my God, for he has clothed me in the garments of salvation, he has wrapped me in the cloak of integrity, like a bride adorned in her jewels.

Canticle

Benedictus

Antiphon: *The door of Paradise was closed to all men because of the sin of Eve; it has been opened again by the Virgin Mary, alleluia.*

Blessed be the Lord, the God of Israel... (continued on Page 67...)

... **world without end. Amen.**

The door of Paradise was closed to all men because of the sin of Eve; it has been opened again by the Virgin Mary, alleluia.

Prayers and intercessions

Let us proclaim the greatness of our Saviour who chose to be born of the Virgin Mary. Confident that he will hear us, we ask:

- Lord, may your mother pray for us.

Sun of justice, you showed your day was dawning in the immaculate Virgin Mary; help us to walk in the daylight of your presence.

- Lord, may your mother pray for us.

Eternal Word, in the living flesh of Mary you found a dwelling place on earth; remain with us for ever in hearts free from sin.

- Lord, may your mother pray for us.

Christ, our Saviour, you willed that your mother should be there when you died; through her intercession may we rejoice to share your suffering.

- Lord, may your mother pray for us.

Loving Saviour, while hanging on the cross, you gave your mother Mary to be the mother of John;

let us be known as her children by our way of living.

- Lord, may your mother pray for us.

Personal intentions

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come.

Thy will be done on earth, as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil.

Lord God, give to your people the joy of continual health in mind and body. With the prayers of the Virgin Mary to help us, guide us through the sorrows of this life to eternal happiness in the life to come. Grant this through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. **Amen.**

The Lord bless us, and keep us from all evil, and bring us to everlasting life. Amen.

Monday 16 May 2022

Morning Prayer (Lauds)

Introduction

O God, come to our aid. **O Lord, make haste to help us.**
Glory be to the Father and to the Son and to the Holy Spirit,
as it was in the beginning, is now, and ever shall be,
world without end. Amen. Alleluia.

Psalm 5 – A morning prayer for help

Antiphon: *In you they rejoice, those who love your name. Alleluia.*

To my words give ear, O Lord,
give heed to my groaning.
**Attend to the sound of my cries,
my King and my God.**

It is you whom I invoke, O Lord.
In the morning you hear me;
**in the morning I offer you my prayer,
watching and waiting.**

You are no God who loves evil;
no sinner is your guest.
**The boastful shall not stand their ground
before your face.**

You hate all who do evil;
you destroy all who lie.
**The deceitful and bloodthirsty man
the Lord detests.**

But I through the greatness of your love
have access to your house.
**I bow down before your holy temple,
filled with awe.**

Lead me, Lord, in your justice,
because of those who lie in wait;
make clear your way before me.

**No truth can be found in their mouths,
their heart is all mischief,**
their throat a wide-open grave,
all honey their speech.

**All those you protect shall be glad
and ring out their joy.**

You shelter them; in you they rejoice,
those who love your name.

**It is you who bless the just man, Lord:
you surround him with favour as with a shield.**

Glory be to the Father and to the Son
and to the Holy Spirit,
**as it was in the beginning,
is now, and ever shall be,
world without end.**

Amen. *In you they rejoice, those who love your name. Alleluia.*

Word of God

Romans 10:8-10

The word is very near to you, it is on your lips and in your heart: the word, that is, of the faith we proclaim. If your lips confess that Jesus is Lord and if you believe in your heart that God raised him from the dead, then you will be saved. By believing from the heart you are made righteous; by confessing with your lips you are saved.

Canticle

Benedictus

Antiphon: Anybody who loves me will be loved by my Father, and I shall love him and show myself to him. Alleluia.

Blessed be the Lord, the God of Israel... *(continued on Page 67...)*
... world without end. Amen.

Anybody who loves me will be loved by my Father, and I shall love him and show myself to him. Alleluia.

Prayers and intercessions

The Father has glorified Jesus and handed over to him the whole of creation. Let us praise him in our morning prayer.

- Lord, save us through your victory.

Lord Jesus, you have broken the power of hell, destroying sin and death;
do not let us be defeated in our struggle with temptation.

- Lord, save us through your victory.

You have ended death for ever and given us new life;
guide our steps today along the path that leads to God.

- Lord, save us through your victory.

You rose from the dead to renew all men;
grant eternal life to everyone we meet.

- Lord, save us through your victory.

The disciples rejoiced when you came back from the grave;
fill the hearts of your servants with overflowing joy.
- Lord, save us through your victory.

Personal intentions

**Our Father, who art in heaven, hallowed be thy name. Thy kingdom come.
Thy will be done on earth, as it is in heaven. Give us this day our daily bread, and
forgive us our trespasses, as we forgive those who trespass against us, and lead us
not into temptation, but deliver us from evil.**

Lord, by your grace we are made one in mind and heart. Give us a love for what you
command and a longing for what you promise, so that, amid this world's changes,
our hearts may be set on the world of lasting joy. Through our Lord Jesus Christ,
your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever
and ever. **Amen.**

The Lord bless us, and keep us from all evil, and bring us to everlasting life. Amen.

Tuesday 17 May 2022

Morning Prayer (Lauds)

Introduction

O God, come to our aid. **O Lord, make haste to help us.**
Glory be to the Father and to the Son and to the Holy Spirit,
**as it was in the beginning, is now, and ever shall be,
world without end. Amen. Alleluia.**

Psalm 23 (24) – The Lord comes to his temple

Antiphon: He who came down is he who has now risen higher than all the heavens. Alleluia.

The Lord's is the earth and its fullness,
the world and all its peoples.

**It is he who set it on the seas;
on the waters he made it firm.**

Who shall climb the mountain of the Lord?

Who shall stand in his holy place?

**The man with clean hands and pure heart,
who desires not worthless things,
who has not sworn so as to deceive his neighbour.**

He shall receive blessings from the Lord
and reward from the God who saves him.

**Such are the men who seek him,
seek the face of the God of Jacob.**

O gates, lift high your heads;
grow higher, ancient doors.
Let him enter, the king of glory!

Who is the king of glory?
The Lord, the mighty, the valiant,
the Lord, the valiant in war.

O gates, lift high your heads;
grow higher, ancient doors.
Let him enter, the king of glory!

Who is he, the king of glory?
He, the Lord of armies,
he is the king of glory.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

He who came down is he who has now risen higher than all the heavens. Alleluia.

Word of God

Acts 13:30-33

God raised Jesus from the dead, and for many days he appeared to those who had accompanied him from Galilee to Jerusalem: and it is these same companions of his who are now his witnesses before our people. We have come here to tell you the Good News. It was to our ancestors that God made the promise but it is to us, their children, that he has fulfilled it, by raising Jesus from the dead. As scripture says in the second psalm: *You are my son: today I have become your father.*

Canticle

Benedictus

Antiphon: *'Peace I leave you,' alleluia; 'it is my own peace I give you,' alleluia.*

Blessed be the Lord, the God of Israel... *(continued on Page 67...)*
... world without end. Amen.

'Peace I leave you,' alleluia; 'it is my own peace I give you,' alleluia.

Prayers and intercessions

By his own power Christ rebuilt the temple of his body, when it was torn down by death. Let us pray to him with joy.

- Lord, grant us the blessings of your resurrection.

Lord Jesus, in your risen body you brought the good news of salvation to the women and the apostles;

let us be your witnesses in this present age.

- Lord, grant us the blessings of your resurrection.

You gave all men the promise of rising from the dead;

make us heralds of your gospel, bringing men new hope.

- Lord, grant us the blessings of your resurrection.

You appeared to the apostles and breathed the Holy Spirit upon them;

pour out on us the Spirit who creates and renews.

- Lord, grant us the blessings of your resurrection.

You promised to be with your disciples to the end of time;

stay with us throughout this day and remain with us for ever.

- Lord, grant us the blessings of your resurrection.

Personal intentions

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come.

Thy will be done on earth, as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil.

Lord our God, in the resurrection of Christ you create us anew for eternal life.

Grant your people firmness in faith and constancy in hope: let us never doubt that you will fulfil what we know you have promised. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. **Amen.**

The Lord bless us, and keep us from all evil, and bring us to everlasting life. Amen.

Wednesday 18 May 2022

Morning Prayer (Lauds)

Introduction

O God, come to our aid.

O Lord, make haste to help us.

Glory be to the Father and to the Son and to the Holy Spirit,

**as it was in the beginning, is now, and ever shall be,
world without end. Amen. Alleluia.**

Psalm 35 (36) – The sinner’s wickedness; God’s goodness

Antiphon: *In you, Lord, is the source of life. Alleluia.*

Sin speaks to the sinner

in the depths of his heart.

There is no fear of God

before his eyes.

He so flatters himself in his mind
that he knows not his guilt.
In his mouth are mischief and deceit.
All wisdom is gone.

He plots the defeat of goodness
as he lies on his bed.
He has set his foot on evil ways,
he clings to what is evil.

Your love, Lord, reaches to heaven;
your truth to the skies.
Your justice is like God's mountain,
your judgements like the deep.

To both man and beast you give protection.
O Lord, how precious is your love.
My God, the sons of men
find refuge in the shelter of your wings.

They feast on the riches of your house;
they drink from the stream of your delight.
In you is the source of life
and in your light we see light.

Keep on loving those who know you,
doing justice for upright hearts.
Let the foot of the proud not crush me
nor the hand of the wicked cast me out.

See how the evil-doers fall!
Flung down, they shall never arise.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

In you, Lord, is the source of life. Alleluia.

Word of God

Romans 6:8-11

We believe that having died with Christ we shall return to life with him: Christ, as we know, having been raised from the dead will never die again. Death has no power over him any more. When he died, he died, once for all, to sin, so his life now

is life with God; and in that way, you too must consider yourselves to be dead to sin but alive for God in Christ Jesus.

Canticle

Benedictus

Antiphon: *'I am the true vine,' alleluia, 'and you are the branches,' alleluia.*

Blessed be the Lord, the God of Israel... *(continued on Page 67...)*

... world without end. Amen.

'I am the true vine,' alleluia, 'and you are the branches,' alleluia.

Prayers and intercessions

Let us pray to Christ, who was put to death for our sins and rose to life for our justification.

- Lord, save us by your victory.

Christ our Saviour, you have overcome death to give us joy and have risen to lift us to the heights;

awaken our hearts and make us holy this day by the gift of the Spirit.

- Lord, save us by your victory.

Angels in heaven praise you, men on earth adore you;

in this Easter season let us worship you in spirit and in truth.

- Lord, save us by your victory.

Lord Jesus, look with kindness on your people who hope for the resurrection;

have mercy on us today and keep us from all evil.

- Lord, save us by your victory.

Christ, our life, we look forward to the day of your coming;

let us appear with you and share in your glory.

- Lord, save us by your victory.

Personal intentions

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come.

Thy will be done on earth, as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil.

Lord God, you love innocence of heart, and when it is lost you alone can restore it.

Turn then our hearts to you, and kindle in them the fire of your Spirit, so that we

may be steadfast in faith and unwearied in good works. Through our Lord Jesus

Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God,

for ever and ever. **Amen.**

The Lord bless us, and keep us from all evil, and bring us to everlasting life. Amen.

Thursday 19 May 2022

Readings at Mass

First Reading

Acts 15:7-21

After the discussion had gone on a long time, Peter stood up and addressed the apostles and the elders.

‘My brothers,’ he said ‘you know perfectly well that in the early days God made his choice among you: the pagans were to learn the Good News from me and so become believers. In fact God, who can read everyone’s heart, showed his approval of them by giving the Holy Spirit to them just as he had to us. God made no distinction between them and us, since he purified their hearts by faith. It would only provoke God’s anger now, surely, if you imposed on the disciples the very burden that neither we nor our ancestors were strong enough to support? Remember, we believe that we are saved in the same way as they are: through the grace of the Lord Jesus.’

This silenced the entire assembly, and they listened to Barnabas and Paul describing the signs and wonders God had worked through them among the pagans.

When they had finished it was James who spoke. ‘My brothers,’ he said ‘listen to me. Simeon has described how God first arranged to enlist a people for his name out of the pagans. This is entirely in harmony with the words of the prophets, since the scriptures say:

After that I shall return and rebuild the fallen House of David; I shall rebuild it from its ruins and restore it. Then the rest of mankind, all the pagans who are consecrated to my name, will look for the Lord, says the Lord who made this known so long ago.

‘I rule, then, that instead of making things more difficult for pagans who turn to God, we send them a letter telling them merely to abstain from anything polluted by idols, from fornication, from the meat of strangled animals and from blood. For Moses has always had his preachers in every town, and is read aloud in the synagogues every sabbath.’

Responsorial Psalm

Proclaim the wonders of the Lord among all the peoples.

Proclaim the wonders of the Lord among all the peoples.

O sing a new song to the Lord,
sing to the Lord all the earth.

O sing to the Lord, bless his name.

Proclaim the wonders of the Lord among all the peoples.

Proclaim his help day by day,
tell among the nations his glory

and his wonders among all the peoples.

Proclaim the wonders of the Lord among all the peoples.

Proclaim to the nations: 'God is king.'

The world he made firm in its place;
he will judge the peoples in fairness.

Proclaim the wonders of the Lord among all the peoples.

Gospel Acclamation

Alleluia, alleluia!

Christ has risen, he who created all things,
and has granted his mercy to men.

Alleluia!

Gospel

John 15:9-11

Jesus said to his disciples: 'As the Father has loved me, so I have loved you. Remain in my love. If you keep my commandments you will remain in my love, just as I have kept my Father's commandments and remain in his love. I have told you this so that my own joy may be in you and your joy be complete.'

Wednesday 18 May 2022

Morning Prayer (Lauds)

Introduction

O God, come to our aid.

O Lord, make haste to help us.

Glory be to the Father and to the Son and to the Holy Spirit,

**as it was in the beginning, is now, and ever shall be,
world without end. Amen. Alleluia.**

Psalm 50 (51) – God, have mercy on me

Antiphon: *Remember me, Lord God, when you come into your kingdom. Alleluia.*

Have mercy on me, God, in your kindness.

In your compassion blot out my offence.

**O wash me more and more from my guilt
and cleanse me from my sin.**

My offences truly I know them;

my sin is always before me.

**Against you, you alone, have I sinned;
what is evil in your sight I have done.**

That you may be justified when you give sentence
and be without reproach when you judge,

**O see, in guilt I was born,
a sinner was I conceived.**

Indeed you love truth in the heart;
then in the secret of my heart teach me wisdom.

**O purify me, then I shall be clean;
O wash me, I shall be whiter than snow.**

Make me hear rejoicing and gladness,
that the bones you have crushed may revive.

**From my sins turn away your face
and blot out all my guilt.**

A pure heart create for me, O God,
put a steadfast spirit within me.

**Do not cast me away from your presence,
nor deprive me of your holy spirit.**

Give me again the joy of your help;
with a spirit of fervour sustain me,
**that I may teach transgressors your ways
and sinners may return to you.**

O rescue me, God, my helper,
and my tongue shall ring out your goodness.

**O Lord, open my lips
and my mouth shall declare your praise.**

For in sacrifice you take no delight,
burnt offering from me you would refuse,
my sacrifice, a contrite spirit.
A humbled, contrite heart you will not spurn.

In your goodness, show favour to Sion:
rebuild the walls of Jerusalem.
**Then you will be pleased with lawful sacrifice,
holocausts offered on your altar.**

Glory be to the Father and to the Son
and to the Holy Spirit,
**as it was in the beginning,
is now, and ever shall be,
world without end. Amen.**

Remember me, Lord God, when you come into your kingdom. Alleluia.

Word of God

Acts 5:30-32

It was the God of our ancestors who raised up Jesus, but it was you who had him executed by hanging on a tree. By his own right hand God has now raised him up to be leader and saviour, to give repentance and forgiveness of sins through him to Israel. We are witnesses to all this, we and the Holy Spirit whom God has given to those who obey him.

Canticle

Benedictus

Antiphon: *This is my commandment: love one another, as I have loved you. Alleluia.*

Blessed be the Lord, the God of Israel... (continued on Page 67...)

... **world without end. Amen.**

This is my commandment: love one another, as I have loved you. Alleluia.

Prayers and intercessions

Let us pray to God the Father, who has given us new life through the resurrection of Christ.

- **Make us radiant with Christ's glory.**

Almighty God, creator of the world, you revealed the old covenant by your mighty deeds and were faithful to men down through the ages;

loving Father, hear the prayer of your children.

- **Make us radiant with Christ's glory.**

Cleanse our hearts by your truth and guide our lives by your holiness;

may we do what is right and pleasing to you.

- **Make us radiant with Christ's glory.**

Let the light of your face shine upon us;

free us from sin and fill us with your goodness.

- **Make us radiant with Christ's glory.**

Peace was your Son's parting gift to the apostles;

grant your peace to us and to people everywhere.

- **Make us radiant with Christ's glory.**

Personal intentions

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come.

Thy will be done on earth, as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil.

Lord God, grant that the Easter mystery may shape our lives, so that what we celebrate with joy may be our constant defence and salvation. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. **Amen.**

The Lord bless us, and keep us from all evil, and bring us to everlasting life. Amen.

Monday 23 May 2022
Morning Prayer (Lauds)

Introduction

O God, come to our aid. **O Lord, make haste to help us.**
Glory be to the Father and to the Son and to the Holy Spirit,
as it was in the beginning, is now, and ever shall be,
world without end. Amen. Alleluia.

Psalm 41 (42) – Longing for the Lord and his temple

Antiphon: *My soul is yearning for you, my God, like a deer that seeks running streams.*
Alleluia.

Like the deer that yearns
for running streams,
**so my soul is yearning
for you, my God.**

My soul is thirsting for God,
the God of my life;
**when can I enter and see
the face of God?**

My tears have become my bread,
by night, by day,
**as I hear it said all the day long:
‘Where is your God?’**

These things will I remember
as I pour out my soul:
**how I would lead the rejoicing crowd
into the house of God,**
amid cries of gladness and thanksgiving,
the throng wild with joy.

**Why are you cast down, my soul,
why groan within me?**
Hope in God; I will praise him still,
my saviour and my God.

**My soul is cast down within me
as I think of you,**
from the country of Jordan and Mount Hermon,
from the Hill of Mizar.

**Deep is calling on deep,
in the roar of waters;**
your torrents and all your waves
swept over me.

**By day the Lord will send
his loving kindness;**
by night I will sing to him,
praise the God of my life.

**I will say to God, my rock:
'Why have you forgotten me?**
Why do I go mourning
oppressed by the foe?'

**With cries that pierce me to the heart,
my enemies revile me,**
saying to me all the day long:
'Where is your God?'

**Why are you cast down, my soul,
why groan within me?**
Hope in God; I will praise him still,
my saviour and my God.

Glory be to the Father and to the Son
and to the Holy Spirit,
**as it was in the beginning,
is now, and ever shall be,
world without end.**

Amen.

*My soul is yearning for you, my God, like a deer that seeks running streams.
Alleluia.*

Word of God

Romans 10:8-10

The word is very near to you, it is on your lips and in your heart: the word, that is, of the faith we proclaim. If your lips confess that Jesus is Lord and if you believe in your heart that God raised him from the dead, then you will be saved. By believing from the heart you are made righteous; by confessing with your lips you are saved.

Canticle

Benedictus

Antiphon: God gave us new birth as his sons and daughters, by raising Jesus Christ from the dead, so that we have a sure hope and the promise of an inheritance that will never perish, alleluia.

Blessed be the Lord, the God of Israel... *(continued on Page 67...)*

... world without end. Amen.

God gave us new birth as his sons and daughters, by raising Jesus Christ from the dead, so that we have a sure hope and the promise of an inheritance that will never perish, alleluia.

Prayers and intercessions

Let us pray to the Father, whose glory was displayed in the death and resurrection of his Son.

- Lord, enlighten our minds and hearts.

God, Father of light, you have illumined the world with the glory of Christ;
may the light of faith shine in our lives today.

- Lord, enlighten our minds and hearts.

Through the resurrection of your Son you have opened man's way to everlasting life;
may all our work today be filled with the hope of your kingdom.

- Lord, enlighten our minds and hearts.

Through your risen Son you sent the Holy Spirit into the world;
set our hearts on fire with his divine love.

- Lord, enlighten our minds and hearts.

By hanging on the cross, your Son won our lasting freedom;
may he stay with us today as our Saviour and Redeemer.

- Lord, enlighten our minds and hearts.

Personal intentions

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come.

Thy will be done on earth, as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil.

God of mercy, let the mystery we celebrate at Eastertide bear fruit for us in every season. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. **Amen.**

The Lord bless us, and keep us from all evil, and bring us to everlasting life. Amen.

Tuesday 24 May 2022

Morning Prayer (Lauds)

Introduction

O God, come to our aid.

O Lord, make haste to help us.

Glory be to the Father and to the Son and to the Holy Spirit,

**as it was in the beginning, is now, and ever shall be,
world without end. Amen. Alleluia.**

Psalm 42 (43) – Longing for the temple

Antiphon: *You have come to Mount Sion, and the city of the living God. Alleluia.*

Defend me, O God, and plead my cause
against a godless nation.

**From deceitful and cunning men
rescue me, O God.**

Since you, O God, are my stronghold,
why have you rejected me?

**Why do I go mourning
oppressed by the foe?**

O send forth your light and your truth;
let these be my guide.

**Let them bring me to your holy mountain,
to the place where you dwell.**

And I will come to the altar of God,
the God of my joy.

**My redeemer, I will thank you on the harp,
O God, my God.**

Why are you cast down my soul,
why groan within me?

**Hope in God; I will praise him still,
my saviour and my God.**

Glory be to the Father and to the Son
and to the Holy Spirit,
**as it was in the beginning,
is now, and ever shall be,
world without end.**

Amen. *You have come to Mount Sion, and the city of the living God. Alleluia.*

Word of God

Acts 13:30-33

God raised Jesus from the dead, and for many days he appeared to those who had accompanied him from Galilee to Jerusalem: and it is these same companions of his who are now his witnesses before our people. We have come here to tell you the Good News. It was to our ancestors that God made the promise but it is to us, their children, that he has fulfilled it, by raising Jesus from the dead. As scripture says in the second psalm: *You are my son: today I have become your father.*

Canticle

Benedictus

Antiphon: *In a short time the world will no longer see me; but you will see me, because I live and you will live. Alleluia.*

Blessed be the Lord, the God of Israel... *(continued on Page 67...)*

... **world without end. Amen.**

In a short time the world will no longer see me; but you will see me, because I live and you will live. Alleluia.

Prayers and intercessions

Let us pray to God the Father, whose Son became the Lamb without blemish to take away the sins of the world.

- God of life, save us.

Father, be mindful of your Son, who died on the cross and was raised again to life; hear him interceding for us now.

- God of life, save us.

Let us cast out the leaven of corruption and malice; let us celebrate Christ's passover in purity and truth.

- God of life, save us.

May we overcome today all envy and dissension; help us to take care of our brothers in their every need.

- God of life, save us.

Place deep in our hearts the spirit of the gospel; may it inspire us to keep your commandments today and always.

- God of life, save us.

Personal intentions

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come. Thy will be done on earth, as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil.

Lord God, grant your people constant joy in the renewed vigour of their souls. They rejoice because you have restored them to the glory of your adopted children: let them look forward gladly in the certain hope of resurrection. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. **Amen.**

The Lord bless us, and keep us from all evil, and bring us to everlasting life. Amen.

Wednesday 25 May 2022

St Bede the Venerable, Priest, Doctor
Morning Prayer (Lauds)

Introduction

O God, come to our aid.

O Lord, make haste to help us.

Glory be to the Father and to the Son and to the Holy Spirit,
as it was in the beginning, is now, and ever shall be,
world without end. Amen. Alleluia.

Psalm 76 (77) – Remembering the works of the Lord

Antiphon: *The waters saw you, O God: you led your people through the sea. Alleluia.*

I cry aloud to God,
cry aloud to God that he may hear me.

**In the day of my distress I sought the Lord.
My hands were raised at night without ceasing;
my soul refused to be consoled.**

I remembered my God and I groaned.
I pondered and my spirit fainted.

**You withheld sleep from my eyes.
I was troubled, I could not speak.**

I thought of the days of long ago
and remembered the years long past.

**At night I mused within my heart.
I pondered and my spirit questioned.**

'Will the Lord reject us for ever?
Will he show us his favour no more?

**Has his love vanished for ever?
Has his promise come to an end?**

Does God forget his mercy
or in anger withhold his compassion?'

**I said: 'This is what causes my grief;
that the way of the Most High has changed.'**

I remember the deeds of the Lord,
I remember your wonders of old,

**I muse on all your works
and ponder your mighty deeds.**

Your ways, O God, are holy.
What god is great as our God?

**You are the God who works wonders.
You showed your power among the peoples.**

Your strong arm redeemed your people,
the sons of Jacob and Joseph.

**The waters saw you, O God,
the waters saw you and trembled;**

the depths were moved with terror.

The clouds poured down rain,
the skies sent forth their voice;
your arrows flashed to and fro.

Your thunder rolled round the sky,
your flashes lighted up the world.
The earth was moved and trembled
when your way led through the sea,
your path through the mighty waters
and no one saw your footprints.

You guided your people like a flock
by the hand of Moses and Aaron.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

The waters saw you, O God: you led your people through the sea. Alleluia.

Word of God

Wisdom 7:13-14

What I learned without self-interest, I pass on without reserve; I do not intend to hide her riches. For she is an inexhaustible treasure to men, and those who acquire her win God's friendship, commended as they are to him by the benefits of her teaching.

Canticle

Benedictus

Antiphon: *The learned will shine as brightly as the vault of heaven, and those who have instructed many in virtue will shine like stars for all eternity. Alleluia.*

Blessed be the Lord, the God of Israel... (continued on Page 67...)
... world without end. Amen.

The learned will shine as brightly as the vault of heaven, and those who have instructed many in virtue will shine like stars for all eternity. Alleluia.

Prayers and intercessions

Christ, the good shepherd, laid down his life for his sheep. Let us praise him with grateful hearts, as we pray:

- Lord, nourish the lives of your people.

Christ our Lord, in the holy pastors you reveal your love for us;
may we never be deprived of the care you show through them.

- Lord, nourish the lives of your people.

Through your sacred ministers you are present in our midst as the shepherd of our souls;

never cease to guide us through their teaching and encouragement.

- Lord, nourish the lives of your people.

In the saints who lead your people, you manifest your power of healing souls and bodies;

remain always with us to renew our lives in holiness.

- Lord, nourish the lives of your people.

By the example of the saints you instruct your faithful in the ways of wisdom and love;

through our pastors, help us grow to the full stature of perfection.

- Lord, nourish the lives of your people.

Personal intentions

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come.

Thy will be done on earth, as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil.

Lord God, you enrich your Church with the grace of Saint Bede's learning. In your love, grant to us who serve you that his wisdom may always enlighten us, and his prayer help us. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. **Amen.**

The Lord bless us, and keep us from all evil, and bring us to everlasting life. Amen.

Thursday 26 May 2022

The Ascension of the Lord

Readings at Mass

First Reading

Acts 1:1-11

In my earlier work, Theophilus, I dealt with everything Jesus had done and taught from the beginning until the day he gave his instructions to the apostles he had chosen through the Holy Spirit, and was taken up to heaven. He had shown himself alive to them after his Passion by many demonstrations: for forty days he had continued to appear to them and tell them about the kingdom of God. When he had been at table with them, he had told them not to leave Jerusalem, but to wait there for what the Father had promised. 'It is' he had said 'what you have heard me speak about: John baptised with water but you, not many days from now, will be baptised with the Holy Spirit.'

Now having met together, they asked him, 'Lord, has the time come? Are you going to restore the kingdom to Israel?' He replied, 'It is not for you to know times or dates that the Father has decided by his own authority, but you will receive power when the Holy Spirit comes on you, and then you will be my witnesses not only in Jerusalem but throughout Judaea and Samaria, and indeed to the ends of the earth.'

As he said this he was lifted up while they looked on, and a cloud took him from their sight. They were still staring into the sky when suddenly two men in white were standing near them and they said, 'Why are you men from Galilee standing here looking into the sky? Jesus who has been taken up from you into heaven, this same Jesus will come back in the same way as you have seen him go there.'

Responsorial Psalm

God goes up with shouts of joy; the Lord goes up with trumpet blast.

God goes up with shouts of joy; the Lord goes up with trumpet blast.

All peoples, clap your hands,
cry to God with shouts of joy!
For the Lord, the Most High, we must fear,
great king over all the earth.

God goes up with shouts of joy; the Lord goes up with trumpet blast.

God goes up with shouts of joy;
the Lord goes up with trumpet blast.
Sing praise for God, sing praise,
sing praise to our king, sing praise.

God goes up with shouts of joy; the Lord goes up with trumpet blast.

God is king of all the earth,
sing praise with all your skill.
God is king over the nations;
God reigns on his holy throne.

God goes up with shouts of joy; the Lord goes up with trumpet blast.

Second Reading

Ephesians 1:17-23

May the God of our Lord Jesus Christ, the Father of glory, give you a spirit of wisdom and perception of what is revealed, to bring you to full knowledge of him. May he enlighten the eyes of your mind so that you can see what hope his call holds for you, what rich glories he has promised the saints will inherit and how infinitely great is the power that he has exercised for us believers. This you can tell from the strength of his power at work in Christ, when he used it to raise him from the dead and to make him sit at his right hand, in heaven, far above every Sovereignty,

Authority, Power, or Domination, or any other name that can be named not only in this age but also in the age to come. He has put all things under his feet and made him, as the ruler of everything, the head of the Church; which is his body, the fullness of him who fills the whole creation.

Gospel Acclamation

Alleluia, alleluia!

Go, make disciples of all the nations.

I am with you always; yes, to the end of time.

Alleluia!

Gospel

Luke 24:46-53

Jesus said to his disciples: 'You see how it is written that the Christ would suffer and on the third day rise from the dead, and that, in his name, repentance for the forgiveness of sins would be preached to all the nations, beginning from Jerusalem. You are witnesses to this.

'And now I am sending down to you what the Father has promised. Stay in the city then, until you are clothed with the power from on high.'

Then he took them out as far as the outskirts of Bethany, and lifting up his hands he blessed them. Now as he blessed them, he withdrew from them and was carried up to heaven. They worshipped him and then went back to Jerusalem full of joy; and they were continually in the Temple praising God.

Friday 27 May 2022

**St Augustine of Canterbury, Bishop
Morning Prayer (Lauds)**

Introduction

O God, come to our aid.

O Lord, make haste to help us.

Glory be to the Father and to the Son and to the Holy Spirit,

**as it was in the beginning, is now, and ever shall be,
world without end. Amen. Alleluia.**

Psalm 62 (63) – Thirsting for God

Antiphon: *You are the light of the world. A city built on a hill-top cannot be hidden.*

Alleluia.

O God, you are my God, for you I long;

for you my soul is thirsting.

My body pines for you

like a dry, weary land without water.

So I gaze on you in the sanctuary
to see your strength and your glory.

**For your love is better than life,
my lips will speak your praise.**

So I will bless you all my life,
in your name I will lift up my hands.

**My soul shall be filled as with a banquet,
my mouth shall praise you with joy.**

On my bed I remember you.

On you I muse through the night
**for you have been my help;
in the shadow of your wings I rejoice.**

My soul clings to you;
your right hand holds me fast.

Glory be to the Father and to the Son
and to the Holy Spirit,
**as it was in the beginning,
is now, and ever shall be,
world without end.**

Amen.

You are the light of the world. A city built on a hill-top cannot be hidden. Alleluia.

Word of God

Hebrews 13:7-9

Remember your leaders, who preached the word of God to you, and as you reflect on the outcome of their lives, imitate their faith. Jesus Christ is the same today as he was yesterday and as he will be for ever. Do not let yourselves be led astray by all sorts of strange doctrines.

Canticle

Benedictus

Antiphon: *It is not you who speak: the Spirit of your Father speaks in you. Alleluia.*

Blessed be the Lord, the God of Israel... (continued on Page 67...)
... world without end. Amen.

It is not you who speak: the Spirit of your Father speaks in you. Alleluia.

Prayers and intercessions

Christ, the good shepherd, laid down his life for his sheep. Let us praise him with grateful hearts, as we pray:

- Lord, nourish the lives of your people.

Christ our Lord, in the holy pastors you reveal your love for us;
may we never be deprived of the care you show through them.

- Lord, nourish the lives of your people.

Through your sacred ministers you are present in our midst as the shepherd of our souls;

never cease to guide us through their teaching and encouragement.

- Lord, nourish the lives of your people.

In the saints who lead your people, you manifest your power of healing souls and bodies;

remain always with us to renew our lives in holiness.

- Lord, nourish the lives of your people.

By the example of the saints you instruct your faithful in the ways of wisdom and love;

through our pastors, help us grow to the full stature of perfection.

- Lord, nourish the lives of your people.

Personal intentions

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come.

Thy will be done on earth, as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil.

Almighty God, you led the English people to the gospel by the preaching of Saint Augustine of Canterbury. Grant that his work may last on in the Church and bear fruit in every generation. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. **Amen.**

The Lord bless us, and keep us from all evil, and bring us to everlasting life. Amen.

The Benedictus

Blessed be the Lord, the God of Israel!

He has visited his people and redeemed them.

**He has raised up for us a mighty saviour
in the house of David his servant,**

as he promised by the lips of holy men,
those who were his prophets from of old.

**A saviour who would free us from our foes,
from the hands of all who hate us.**

So his love for our fathers is fulfilled
and his holy covenant remembered.

**He swore to Abraham our father to grant us,
that free from fear, and saved from the hands of our foes,**

we might serve him in holiness and justice
all the days of our life in his presence.

**As for you, little child,
you shall be called a prophet of God, the Most High.**

You shall go ahead of the Lord
to prepare his ways before him,

**To make known to his people their salvation
through forgiveness of all their sins,**

the loving-kindness of the heart of our God
who visits us like the dawn from on high.

**He will give light to those in darkness,
those who dwell in the shadow of death,
and guide us into the way of peace.**

Glory be to the Father and to the Son
and to the Holy Spirit,

**as it was in the beginning,
is now, and ever shall be,
world without end. Amen.**