



CONTEXT

The School believes that Relationship and Sex Education (RSE) is an educational entitlement of all pupils and an integral part of each pupil's emergence into adulthood. In line with the teachings of the Catholic Church we aim:

- To promote the values and teachings of the Catholic Church;
- To promote self-confidence and self-esteem;
- To heighten factual information about the nature of human sexuality;
- To develop high standards of personal conduct, particularly in relationships with others.
- To emphasise the importance of family life;
- To develop pupils' understanding of personal freedom and responsible decision making.

RSE is delivered by a range of teaching staff, and external speakers, who work with pupils each term. These sessions are run in addition to lessons delivered through Science and RE.

KS3 CURRICULUM

Year 7 develop their understanding about puberty and the physical and emotional changes that will happen to them. They consider how their feelings can change during puberty and how to manage these in a positive way.

Year 8 understand the process of conception. They develop an understanding of what contraception is and the Catholic teachings of abstinence. They also explore the importance of positive communication in relationships.

Year 9 recognise and understand sexual exploitation and consider the importance of making safe choices about relationships. Pupils develop their knowledge of Sexually Transmitted Infections and understand the importance of making choices that keep themselves safe.

KS4 CURRICULUM

Year 10 consider the effect that the media, including pornography, can have on body image and self-esteem. They contemplate and practice assertiveness and negotiation skills in the context of positive relationships and develop knowledge regarding where to go for professional advice.

Year 11 gain insight into the complexities and contradictions within us. Pupils reflect on the links between love, life and sexual intercourse. They also recognise and understand the importance of sexual choices, consequences and how to rethink behaviour that causes harm.

Across every year group, pupils will celebrate LGBTQ+ awareness month and learn about the spectrum of gender and sexuality. All pupils will know how to access support both inside and outside of school if they have any sexuality or gender concerns.



Salvatorian College

PARENT GUIDE: RELATIONSHIP & SEX EDUCATION

CONFIDENTIALITY

Teachers conduct RSE lessons in a sensitive manner and in confidence. However, pupils will be made aware that some information cannot be held confidential and made to understand that if certain disclosures are made certain actions must ensue. At the same time pupils will be offered sensitive and appropriate support and the school will always encourage pupils to talk with parents first.

THE NATIONAL HEALTHY SCHOOLS STANDARD

As a Healthy School we:

- Inform and consult with parents about the RSE policy and practice;
- Listen to the views of the pupils in our school regarding RSE;
- Look positively at any local initiatives that support our delivery of RSE.

If you would like to discuss this further, or have any questions or concerns, please don't hesitate to contact Ms Shamash. The consultation period for this will end on Friday 1st April 2022, so please make contact prior to Friday 1st April 2022 if you would like to discuss this.