

## Week Commencing 10th May 2021

The 6<sup>th</sup> Sunday of Easter Sunday 9<sup>th</sup> May

A reading from the Gospel of John 20: v 16-29

# MESSAGE FROM THE HEAD OF SCHOOL

As you will be aware, the boys in Year 11 have been working hard to achieve the best possible outcomes in their assessments. This is because there are no external examinations this year and the school is producing centre assessed grades for the boys. In order that this process is rigorous, fair and standardised there is a great burden on the staff in the coming weeks. As a result, there will be a previously unscheduled INSET day in order to give departments time to assign grades to our boys. I do apologise for the inconvenience but I would not be asking for your co-operation unless it was absolutely necessary.

## The INSET day will mean school closure, for all pupils, on Friday 28th May.

This bulletin contains a lot of useful information. Of note is the section on edibles. Years 7 to 10 have all had an extended assembly on drugs, alcohol and safety in the last week and it is very important that you make yourselves aware of the dangers associated with these "edibles".

I also draw your attention to the leaflet on E-Scooters and the fact that, of course, these are not to be ridden to school.

Have a lovely weekend!

Kind regards

Alan By

Alan Bryant Head of School

## **GOSPEL REFLECTION**

#### Love each Other

Jesus loves each one of us so much, that he died on the cross so that we could share eternal life with him. He asks us to be generous and to share this love with all of mankind.

"As the Father has loved me, so have I loved you. Now remain in my love. If you obey my commands, you will remain in my love, just as I have obeyed my Father's commands and remain in his love. I have told you this so that my joy may be in you and that your joy may be complete.

A complete circle of love is found in this gospel reading. God loved the Son, Jesus. The Son loves his followers, and the followers show their love for God through their love for one another. It is clear in this reading that while we are part of this circle, we are only part of it because God chose us to be. Our response to God's choice for us is simply to show our love for God through the love we show to other human beings.

Jesus lives inside each one of us so whatever we say or do to each other, we say or do it to him. We can make everything we do a little act of love for God.

## Prayer:

Father in heaven we pray for the future, certain in the knowledge that you will continue to guide us and guard us throughout all things. Support us through times of ill health or doubt or trouble. And fulfil your promise to be with us to the end of the age. We remember the troubled nations of the world, praying for an end to warfare and for negotiations for peace throughout the world. Amen

## **MY MISSION PRAYER:**

God our Father we pray for the grace to respond to the call of discipleship, quickly and decisively, for the grace to witness God's love by embracing all works of charity and justice, for the grace to collaborate with other people of good will in relieving need and addressing its causes, for the grace to make no distinction in those we serve because, in them, help us to see the face of Christ. Merciful God, hear us. Amen

## **SOCIAL MEDIA**

If you wish to keep up to date with all the events happening at the Salvatorian College, then please feel free to follow us at the following social media platforms.



Twitter - @SalvatorianHA3



Facebook – **Salvatorian College** 



Instagram - @SalvatorianHA3

## **WORDS OF THE WEEK**

## Monday - Volubly

Adjective - Characterised by ready or rapid speech; glib, fluent

#### Tuesday - Corral

Verb - - Gather together and confine (a group of people or things)

### Wednesday – Amplify

Verb- Increase the volume of (sound), especially using an amplifier; Enlarge upon or add detail to (a story or statement)..

### Thursday - Posture

Noun- The position in which someone holds their body when standing or sitting; A particular approach or attitude. (Verb) - Behave in a way that is intended to impress or mislead

## Friday - Compliant

Adjective - Disposed to agree with others or obey rules, especially to an excessive degree; acquiescent; Meeting or in accordance with rules or standards

## THOUGHT OF THE WEEK

When the negative thoughts come - and they will; they come to all of us - it's not enough to just not dwell on them... You've got to replace them with a positive thought. Life is about being positive and hopeful, choosing to be joyful, choosing to be encouraging, choosing to be empowering.

## **MENTAL HEALTH**

Times are tough for many people right now. Parents find themselves pulled in many different direction and children may be struggling being in the house for so much longer than usual.

A mixture of concern about covid, work from home and children at home, along with a possible financial impact make for a stressful household.

Young Minds have created a useful 'Supporting Parents Helpfinder'. By answering six questions, parents can find out how to support their child's mental health during the pandemic (and beyond).

Find the help finder here:

https://youngminds.org.uk/supporting-parentshelpfinder/

## The Risks of Consuming Edibles

## Long-Lasting Effects

The effects of Cannabis edibles last much longer than smoking, usually up to several hours depending on the amount of THC consumed, the amount and types of the last food eaten, and other drugs or alcohol used at the same time.

## **Unknown Potency**

The amount of THC is difficult to measure and is often unknown in many edibles. Regulations and quality assurance regarding the determination of THC content and product labelling are generally lacking, and as a result the dosage estimation for



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many edibles is often inaccurate. Consequently, consuming a gramany products contain significantly more THC drug before it has labelled and people who consume these

consuming a greater than intended amount of drug before it has taken effect.

edibles can be caught off-guard by their strength and long-lasting effects.

## Compass:

https://www.compass-uk.org/services/harrow-young-peoples-substance-misuse-service/

If you suspect your son is a participant of substance abuse, or substance involvement in any way, that you contact **Mr Cooper** or **Mrs Griffin** (Designated Safeguarding Leads) in confidence, so that support can be put in place.



Delayed Onset and High Potential for Overdose Perhaps the most prominent difference between smoking Cannabis and eating edibles is the delayed onset of effects associated with edibles. Whereas the effects of Cannabis usually occur within minutes of smoking, it can take between minutes to 2 hours to experience the effects from edibles. This delay can result in some people

## Salvatorian College

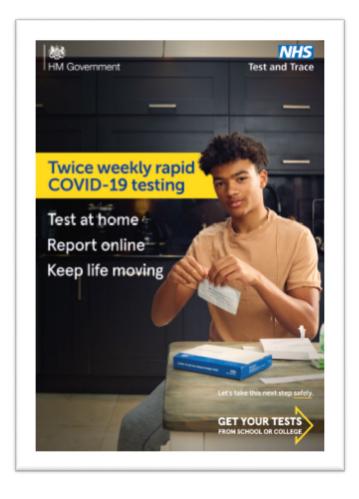
Telephone Number: **020 8863 2706** Email <u>-admin@salvatorian.harrow.sch.uk</u>

## LATERAL FLOW TESTS

Covid testing kit packs have been distributed to pupils this week. We would like for pupils to continue regular rapid testing twice weekly (Wednesday and Sunday) to help protect our school and local community. Although cases continue to fall in society, we still need to be vigilant and do everything we can to minimise any further disruption to your son's face to face education as the wider industries begin to open up fully. Please remember to upload your results to the NHS website, even if negative, instructions of how to do this are in the back of the booklet distributed with the testing kits.

If your son tests positive on the Lateral Flow Device he will need to remain off school, book and take a PCR test. If this is negative, he can return to school. (You will need to forward the email or text message to admin@salvatorian.harrow.sch.uk. If it is positive, then he and the family will need to follow the NHS Test and Trace guidance. Please be aware that a number of travel restrictions remain in place that require either self-isolation, or compulsory isolation, eg from 'RED' designated countries. This is a fluid situation so please check before making any business / essential travel plans abroad.



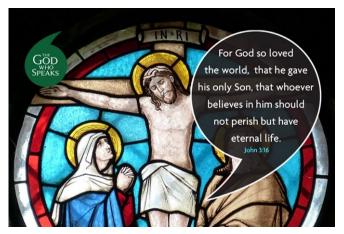


## **RE DEPARTMENT**

#### **Easter Reflection:**

The God Who Speaks' Year of the Word Jesus said to him, "Have you believed because you have seen me? Blessed are those who have not seen and yet have believed". (John 20: 29). For God so loved the world that he gave his only Son, that whoever believes in him should not perish but have eternal life. (John 3: 16).

Special Religious event: Ramadan Ends on Tuesday 11th May.





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The Ascension of the Lord: 13th May 2021:
Ascension Day often called Feast of the
Ascension of Jesus Christ, Ascension Thursday and
Holy Thursday is held on a Thursday 39 days (40th
day of Easter) after Easter Sunday. There will be a
live stream mass next Thursday from St Pauls,
Wood Green. Bishop John Sherrington will be
presiding over the mass. (More details to follow
next week)

## **LONDON CAREERS FESTIVAL**

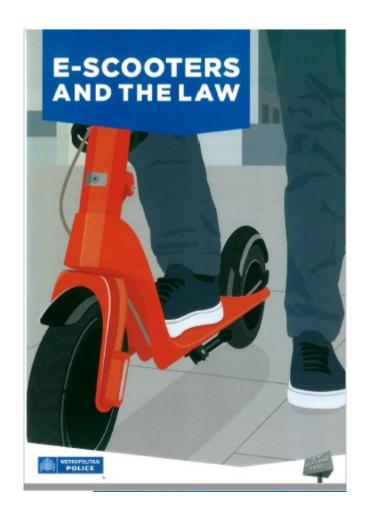
We are excited to invite you to 4 very special live interactive showcase events as part of #LondonCareersFestival this year, which is taking place on the week of 28th June - 2nd July. Schools and colleges can sign up to these one-off virtual events:

- Tech jobs of the future
- -Pathways into Law
- Becoming an Influencer
- Enterprising minds

In these hour long sessions, 3-4 employers from a range of industries and sectors will share their career journeys, the skills and subjects that are important to them in their roles and top tips to starting out in their sector. Each activity will involve a Q&A element for students to type their questions into the chat. Spaces are limited so please register in advance to avoid disappointment.

Each of these events will be hosted by the Inspiring the Future team on GoToWebinar, which schools can simply access through their web browser. Once registered, you will receive a joining link which you can share with your colleagues and students just before the event.

## **E SCOOTERS**



Telephone Number: 020 8863 2706 Email -admin@salvatorian.harrow.sch.uk

## E-SCOOTERS AND THE LAW

## What is the law on e-scooters?

Currently in the UK, you can legally buy an e-scooter, but you cannot ride it on a public road, cycle lane or pavement. The only place it can be used is on private land.

The reason for this is that e-scooters are treated as motor vehicles by the Department of Transport and are subject to the same legal requirement as other vehicles, such as MOT, licencing, tax and insurance. Because they don't always have number plates, signalling ability or visible rear lights, they cannot be used legally on the roads.

## What happens if I am stopped by the police?

The police will advise you on the law and may ask you to take your e-scooter home. They may, however, still penalise you depending on the seriousness of the offence. If caught riding an e-scooter, fines you may receive can include:

- a Fixed Penalty Notice for no insurance, with a £300 fine and six penalty points
- a Fixed Penalty Notice for no driving licence, up to £100 fine and three-six penalty points

Other offences which may result in penalties include riding on the footpath, using a mobile phone, riding through red lights and drink driving offences.

To find out more, visit www.met.police.uk/e-scooters