



Salvatorian College *Parent Bulletin*

Week Commencing 3rd May 2021
The 5th Sunday of Easter
Sunday 2nd May
A reading from the Gospel of John 15: v 1-8

MESSAGE FROM THE HEAD OF SCHOOL

I am very pleased to say that, after many years, we have finally taken possession of the new building! The boys are very excited and I am very much looking forward to the first PE lessons in the brand new Sports Hall and Activity Studio. The front of the school, including the landscaping and car park, will be ready in September.

The boys in Year 11 have been sitting, and preparing for, two sets of internal assessments in preparation for centre assessed grades. They have responded well to this difficult situation and the staff are working hard to mark and moderate their work in the absence of externally assessed examinations. The rest of the year groups should take heed of this situation as there is no guarantee that exams will resume next year, or in the coming years, if the pandemic continues to keep us in its grip. Therefore, all of the boys should make the most of every single day, working hard to prove that they are making good progress.

Some boys continue to struggle with getting their homework done and we have re-introduced compulsory 5 o'clock club for those boys who regularly receive Xs for not handing in their homework. I would also like to remind you that the barbers are now open again and haircuts should be in line with our policy: conventional, not exaggerated, coloured or lined, tidy and not long. Please ensure your son has a neat and tidy haircut on return to school after the Bank Holiday.

Kind regards

Alan Bryant
Head of School

GOSPEL REFLECTION

I am the True Vine

A branch cannot live and produce fruit unless it is nourished by the tree or plant to which it is attached. Today Jesus compares himself to a vine, and we are the branches which bear the fruit of his love.

If Christ's spirit is living in us then everyone will see the fruits of his presence: love, happiness, forgiveness, generosity and honesty.

By using the image of a vine and its branches, Jesus helped his listeners to understand the interconnectedness of relationships between the Father, Jesus, and his followers. Jesus is the vine and we, the followers, are the branches that grow from the vine. The gardener, the one who provided the growth and did the trimming, was God. When we are living examples of God's love and act as Jesus did, we provide much fruit. When we fail to do this, we create a lot of dead wood and produce no fruit.

What are the fruits that Jesus wants us to bear? Jesus is living and working in our lives, in our thoughts, our actions and in our words. By being kind and loving, ready to forgive and honest and generous, the fruits of his love are there for all to see.

Prayer:

God our Father, in your unfailing love and goodness, hear us as we bring to you our prayers for the world and for all people. In this period of Lent, we come to you aware of our uneasiness for the enormity of the Easter message, which Christ suffered and died for us and was yet raised in glorious victory. Grant us healing in our souls Lord, and in the souls of all who search for meaning in their lives. Amen

MY MISSION PRAYER:

God our Father we pray for the grace to respond to the call of discipleship, quickly and decisively, for the grace to witness God's love by embracing all works of charity and justice, for the grace to collaborate with other people of good will in relieving need and addressing its causes, for the grace to make no distinction in those we serve because, in them, help us to see the face of Christ. Merciful God, hear us. Amen

SOCIAL MEDIA

If you wish to keep up to date with all the events happening at the Salvatorian College, then please feel free to follow us at the following social media platforms.



Twitter - @SalvatorianHA3



Facebook – Salvatorian College



Instagram - @SalvatorianHA3

WORDS OF THE WEEK

Monday – Bank Holiday

Tuesday – Compel

Verb - Force or oblige (someone) to do something

Wednesday – Regurgitate

Verb- Make (something) longer, especially unusually so in relation to its width.

Thursday – Enhance

Verb- Intensify, increase, or further improve the quality, value, or extent of.

Friday – Complacent

Adjective - Showing smug or uncritical satisfaction with oneself or one's achievements

THOUGHT OF THE WEEK

Study hard: no matter if it seems impossible, no matter if it takes time, no matter how hard it seems at the time. Just remember the feeling of success is the best thing in the entire world.

MENTAL HEALTH

Times are tough for many people right now. Parents find themselves pulled in many different directions and children may be struggling being in the house for so much longer than usual.

A mixture of concern about covid, work from home and children at home, along with a possible financial impact make for a stressful household.

Young Minds have created a useful 'Supporting Parents Helpfinder'. By answering six questions, parents can find out how to support their child's mental health during the pandemic (and beyond).

Find the help finder here:

<https://youngminds.org.uk/supporting-parents-helpfinder/>

The Risks of Consuming Edibles

Long-Lasting Effects

The effects of Cannabis edibles last much longer than smoking, usually up to several hours depending on the amount of THC consumed, the amount and types of the last food eaten, and other drugs or alcohol used at the same time.

Unknown Potency

The amount of THC is difficult to measure and is often unknown in many edibles. Regulations and quality assurance regarding the determination of THC content and product labelling are generally lacking, and as a result the dosage estimation for many edibles is often inaccurate. Consequently, many products contain significantly more THC than labelled and people who consume these edibles can be caught off-guard by their strength and long-lasting effects.



Edibles Packaging Examples



Delayed Onset and High Potential for Overdose
Perhaps the most prominent difference between smoking Cannabis and eating edibles is the delayed onset of effects associated with edibles. Whereas the effects of Cannabis usually occur within minutes of smoking, it can take between minutes to 2 hours to experience the effects from edibles. This delay can result in some people consuming a greater than intended amount of drug before it has taken effect.

Compass:

<https://www.compass-uk.org/services/harrow-young-peoples-substance-misuse-service/>

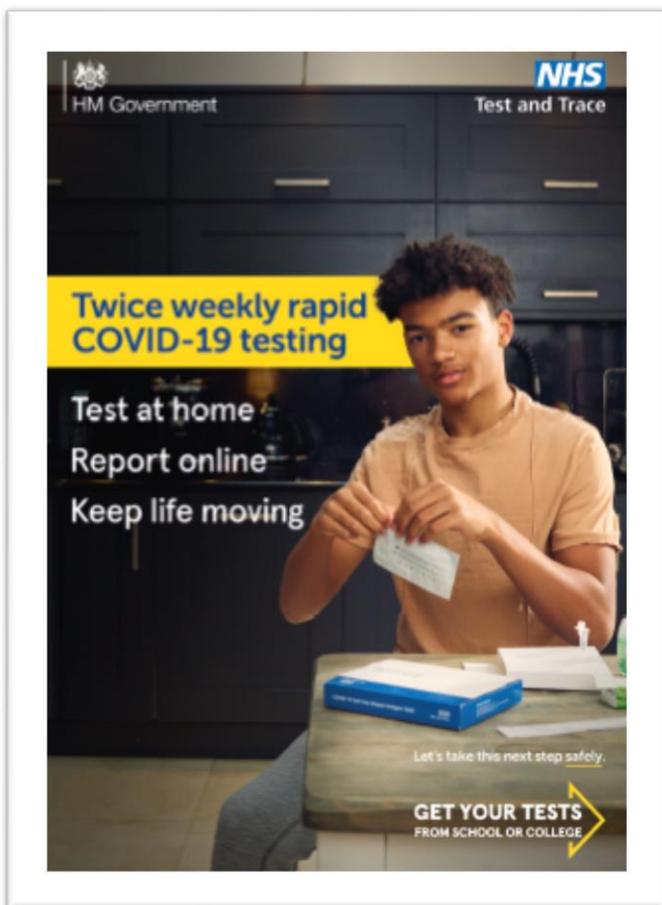
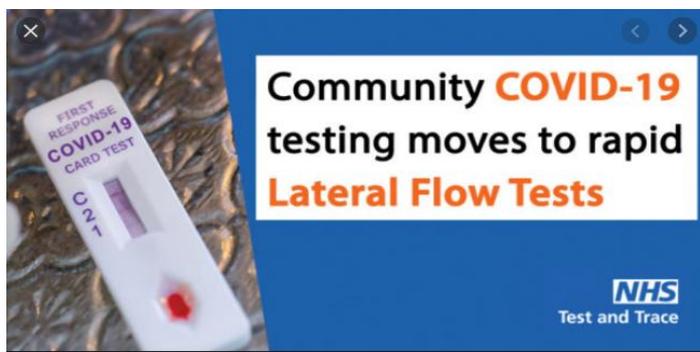
If you suspect your son is a participant of substance abuse, or substance involvement in any way, that you contact **Mr Cooper** or **Mrs Griffin** (Designated Safeguarding Leads) in confidence, so that support can be put in place.

LATERAL FLOW TESTS

Covid testing kit packs have been distributed to pupils this week. We would like for pupils to continue regular rapid testing twice weekly (Wednesday and Sunday) to help protect our school and local community. Although cases continue to fall in society, we still need to be vigilant and do everything we can to minimise any further disruption to your son's face to face education as the wider industries begin to open up fully. Please remember to upload your results to the NHS website, even if negative, instructions of how to do this are in the back of the booklet distributed with the testing kits.

If your son tests positive on the Lateral Flow Device he will need to remain off school, book and take a PCR test. If this is negative, he can return to school. (You will need to forward the email or text message to admin@salvatorian.harrow.sch.uk. If it is positive, then he and the family will need to follow the NHS Test and Trace guidance. Please be aware that a number of travel restrictions

remain in place that require either self-isolation, or compulsory isolation, eg from 'RED' designated countries. This is a fluid situation so please check before making any business / essential travel plans abroad.



RE DEPARTMENT

Easter Reflection:

Easter begins on Easter Sunday the Resurrection of Lord and last for 50 days. Easter is the season of life and hope. The life and hope only the resurrected Christ can bring. The same life and hope that strengthened the faith of the frightened disciples after the crucifixion.

That same life and hope reminds us that the trials and misfortunes of our present life are nothing compared to the unending glory of the life to come. Easter is the celebration of life eternally transformed by love, "life beyond life", "love beyond love".

Easter is the celebration of hope in the midst of a world often submerged in doubt and despair. It is this Easter faith, faith in the Lord's resurrection, which becomes the sustaining force that directs our steps with courage into the challenges of everyday life, into the question marks of the unknown, and the uncertainty of the future. It is this Easter faith in the resurrected Lord that reminds us that we do not walk alone in life. Like on the road to Emmaus in this week Gospel reading, the resurrected Lord is walking with us, in us, and through us-leading us to the life that never ends and the love that never fades away. The Lord is risen! Alleluia! Alleluia! Risen indeed! Alleluia! Alleluia!

Have a happy and blessed Easter season!

EMPLOYABILITY SKILLS TRAINING

BOOST LIFE SKILLS

Online employability skills training

<p>Employability skills to be delivered:</p> <ol style="list-style-type: none"> 1. Introduction to soft skills – why are employability skills so important? 2. Why do I need to be well organised? 3. How can I become more self-motivated? 4. Why does me being positive make a difference? 5. Why do I need to be good at solving problems? 6. Why do I need to be resilient? 7. Why do I need to have good communication skills? 	<p>Learning outcomes are to:</p> <ol style="list-style-type: none"> 1. Understand the definitions of a soft/employability skill and a range of soft/employability skills 2. Explore each skill in detail, answering "what does good look like"? 3. Consider what it all means for "me" and what "I" might want to do differently in future
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✓ Training delivered by Key Stage group - KS3 (Y7, Y8 and Y9), KS4 (Y10 and Y11), KS5 (Y12 and Y13)
✓ Enhances knowledge of essential life and workplace skills
✓ Prepares students for better work experience placement, apprenticeship or job seeking
✓ Students receive a 21 page booklet of skills summary and learning logs
✓ Certificate issued at end of training; allows student to record as part of their personal development plan

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